

Online Social-Emotional Resources

Websites:

Becky Bailey's Conscious Discipline

www.consciousdiscipline.com

(Relaxation Strategies, Be By Myself Space ideas, Feeling Posters and more)

Center for Social Emotional Foundations of Early Learning

www.vanderbilt.edu/csefel

(Articles, Feeling Face cube, posters, social stories, Routine Based Strategy guide, Social Emotional Book List)

National Center for Infants, Toddlers and Families: Zero to Three

www.zerotothree.org

(Extensive website with articles and tools for parents and caregivers of infants and toddlers)

A Place of Our Own (PBS series and site for child care providers)

www.aplaceofourown.org

This Emotional Life (PBS series & accompanying website) <http://www.pbs.org/thisemotionallife/home>

Social Emotional Development in Young Children (Michigan Dept. of Community Health)

[www.michigan.gov/documents/Social Emotional Development in Young Children Guide 88553 7.pdf](http://www.michigan.gov/documents/Social_Emotiona...Development_in_Young_Children_Guide_88553_7.pdf)

Social Emotional Health and School Readiness: A Guide for Parents with Children Birth to 5

(produced by the State of Michigan, no longer in print but remains high quality resource)

[www.michigan.gov/documents/dhs/DHS-Social-Emotional Health and School Readiness 275234 7.pdf](http://www.michigan.gov/documents/dhs/DHS-Social-Emotional_Health_and_School_Readiness_275234_7.pdf)