



# Healthcare Professionals Committee Report

## October 10, 2012 Meeting

Co-Chairs: Elaine Brown & Patricia Jansen

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**Members:** Ben Ayres, Elaine Brown, Gina Coopersmith, Kevin Hale, Patricia Jansen, Deanna Norris, Melissa Osborn, Robin Schutz, Sarah Smith, Judy Trudeau, Dr. Cheryl Wickham, Sue Worek

**Meeting Attendance:** Ben Ayres, Nicole Chapoff, Linda Herbert, Patricia Jansen, Robin Schutz, Sarah Smith, Cheryl Wickham, Kathy Virden, Barb Walentowski

### Summary of Key Notes & Activities:

- **Healthy Lifestyles Update:**
  - Advocacy - Child Care Center Recommendations (sample distributed)
    - Drop off policy/ Car safety (call parents if child is over 30 minutes late of their scheduled arrival time)
    - Screen-time - Limit to maximum of 30 minutes a week for children 2 and older while in a care setting
    - Physical Activity – 120 minutes of active play time each day; 60 minute of those being child-led
      - May need to revise times based on if a program is full day or ½ day.
    - Healthy celebrations – Offer healthier food or non-food options
    - Linda Herbert will provide a copy licensing regulations for screen time & physical activities.
    - Patricia will discuss this sample at the Head Start team meeting and also discuss with Family Advocates.
- **Breast Feeding (no updates)**
  - September 2012 Livingston Parent Journal – List of 7 breastfeeding resources, all of them are outside of Livingston County.
  - Kathy Malone – Lactation Consultant in Brighton; Not interested in volunteer at this time. Her services are fee-based.
  - Nicole will work with Sarah on gathering breastfeeding information for the county. Work to develop flyer/resource list.
  - Elaine will be meeting with WIC, breastfeeding and peer support staff this week. Will forward information to Nicole.
  - Infant Feeding Class currently open to WIC clients. -
    - Focus of class is for women who are pregnant, encouraging them to breastfeed.
    - **2<sup>nd</sup> Tuesday of the month from 3-4pm**
    - Will open to the entire community. Elaine will let us know when it is open to community.
  - LCDPH looking to develop Breast Feeding peer support group on a different evening.
  - The breast feeding initiation rate for infants of women who were on WIC during pregnancy increased from 52% in December 2011 to 65% in August 2012.
- **Head Start & Health Services**
  - First combined meeting with Head Start's Health & Family Services Advisory Committee.
  - Patricia provided us with background information.
  - Head Start – Comprehensive child development services for low-income/at-risk children from ages 3-5. Services include:
    - Education, health, nutrition, social & emotional, parent involvement
    - Child Health & Development Services
      - Medical Home
      - Well Child Care Visits – Medical, dental and mental
      - Screening – Must take place within child's first 45 days in program
      - Tracking – Procedures in place to track health care services, results, treatment plans, and/or progress
      - On-Going Care
      - Parent Involvement
      - Individualization of Program – Family Advocates work with the families & stay in contact with them throughout the year. They connect with the families and provide them with resources.
    - Health & Safety
    - Child Nutrition
    - Child Mental Health – Mental Health Coordinator on staff. She observes children in classroom, makes recommendations, works with parents on issues and provides staff and parents education on mental health issues.
    - Community Partnerships – Must establish a Health Services Advisory Committee (HSAC) that includes Head Start parents, professionals and volunteers from the community. HSAC:
      - Helping programs develop health policies and procedures that support health goals of HS & respond to medical and dental health emergencies.
      - Address community health problems.
      - Linking children to ongoing sources of continuous, accessible healthcare. (not just one-time care)
      - Engaging parents in identifying and assessing health services and resources that are responsive to their interests and goals.
      - Have the parent voices heard.
  - Parent involvement – This can be a challenge to get parents involved in the HSAC.

- Referrals for those who don't have healthcare insurance get sent to Patricia for recommendation for MI/Child & Healthy Kids.
- Head Start Health & Family Services Advisory Committee will join us in: October, January, March & May.
- Goals for this year:
  - Social & Emotional
  - Behavior
  - Obesity
  - Recommendations for Centers
- **Health Insurance Enrollment & Training from MPCA**
  - September 21 – Ben trained 4 more individuals on how to enroll children in MiChild/Healthy Kids.
  - This will be the LAST training offered through Michigan Primary Care Association as their grant is ending at the end of September. Since MPCA personnel will no longer be available to train providers/community members, we will need to rely on those previously trained to volunteer at events.
  - This was Ben's last meeting. Thank you Ben for all your help and support!
  - MPCA will no longer be available to call for a resource when partners are going through the application process. Ben suggested future enrollment questions be directed to 211.
  - Reviewed September Health Enrollment Training Survey Summary.
    - Verifying income – Do not need any actual paperwork when completing this process on-line. Only need an estimate.
  - Agency certification – with this training, you can get a printout and client can get immediate access to health benefits with this process.
- **New Moms**
  - How can we better reach new moms?
  - Connect with new moms at their child's first visit at the Pediatricians office. Combine with New Moms Packet/Magnet.
  - For next meeting, come up with list of items we would want to include such as:
    - 211 Card
    - Books for child?
    - Post Partum Support Group flyer
    - Parent Coalition Brochure
    - Etc.
- **Action Agenda**
  - Increase awareness of & access to existing services for children with special needs.
    - Robin will be meeting monthly with Dave Campbell, Candice (Head Start) & Dawn or Kris (Early On).

**Next Meeting: Wednesday, November 14 10:00-11:30 am at Health Department**

## Great Start Livingston Action Agenda 2011-2013

### Healthcare Professionals Committee:

- **Infants, young children and families are physically healthy.**

#### Goal 1: Increase access to and coordination of high quality pediatric and family health services.

##### Target: Health Professionals

Improve relationships and build partnerships between the Pediatricians/Pediatric offices and the early childhood community & services.

- Improve appropriate referrals to Early On and other services for special needs.
- Improve provision of comprehensive services for MI Child/Healthy Kids/Medicaid recipients including dental.

Emphasize assessment of the “whole child” including social and emotional health.

	2011	2012	2013
Objective 1: Develop or enhance communication and communication forums between pediatricians, medical providers and early childhood community to support goal. 1/11/12 <ul style="list-style-type: none"> <li>▪ Dr. Wickham from St. Joe &amp; U-M Howell Pediatrics Office Manager, Kris Kromberg, now partnering with our committee</li> <li>▪ Robin will be speaking at Dr. Wickham's February 17 Staff Meeting.</li> </ul>			
1. Develop consistent message supporting goal.	X		
2. Identify if new forums must be developed and execute.		X	X
Objective 2: Support comprehensive and on-going physical and developmental screening.			
1. Promote comprehensive physical & developmental screening for all children ages birth through 5 years (such as EPSDT - The Early Periodic Screening, Diagnosis, and Treatment program).		X	X
<b>Target: Children</b>			
Work towards ensuring every child in Livingston County has a medical home and dental home and that they utilize it.			
5/9/12 <ul style="list-style-type: none"> <li>▪ Discussed CHAP – Children's Health Access Program, which was presented at the Great Start Conference. Primary goal is to improved health outcomes of children on Medicaid while making use of existing resources and reducing costs. Making a difference by helping PCP improve their 'medical homeness', creating more openings for children with Medicaid, working with partners to offer more evening hours &amp; same-day appointments, and providing education and coordinating support services for families.</li> </ul>			
	2011	2012	2013
Objective 1: Determine what percent of children are uninsured and how to reach them.			
• Medical care, Dental care			
1. Assist in promoting community days for health and dental services to connect with the uninsured. (i.e. Backpack Day) 1/11/12 <ul style="list-style-type: none"> <li>▪ Ben Ayres, new MPCA rep, will be available at the Community Connect on January 28 at Parker MS in Howell</li> </ul> 2/8/12 <ul style="list-style-type: none"> <li>▪ Enrolled 4 families at Community Connect. Spoke with many more.</li> </ul> 3/14/12 <ul style="list-style-type: none"> <li>▪ Trained 10 people at the March 16 training of which 7 agreed to be alternative resource on GSL website</li> </ul> 8/8/12 <ul style="list-style-type: none"> <li>• Ben will be present at Kids Connect on 8/23 at LESA</li> <li>▪</li> </ul>	X	X	X
Objective 2: Connect identified families to medical insurance and medical homes.			

<p>1. Train physicians, their office staff, LESA early childhood staff and other Human Service agency staff to enroll children in Healthy Kids for immediate presumptive and retroactive coverage.</p> <p><b>1/11/12</b></p> <ul style="list-style-type: none"> <li>▪ Trainings scheduled for March 16 &amp; September 21 at LESA.</li> </ul> <p><b>12/14/11</b></p> <ul style="list-style-type: none"> <li>▪ MPCA representative available at Jan. 28 Community Connect</li> <li>▪ Next training schedule on March 16, 2012. Sept. 2012 date TBD</li> </ul> <p>8/8/12</p> <ul style="list-style-type: none"> <li>• Promote 9/21 Enrollment training.</li> <li>• Ben will be present at Kids Connect on 8/23</li> </ul> <p><b>10/11/12</b></p> <ul style="list-style-type: none"> <li>▪ Ben trained 4 people on 9/21. This is the last training MPCA will offer due to the ending of their grant</li> </ul>	X		
<p>2. Get link on GSL website of trained/certified physicians' offices, and a list of what information patients/parents will need to enroll in Healthy Kids/MI Child.</p> <p><b>12/14/11</b></p> <ul style="list-style-type: none"> <li>▪ Robin met with Got Web to get this information on GSL website</li> </ul>	X		
<p><b>Target: Parents &amp; Caregivers</b>  Promote healthy lifestyles including nutrition and exercise through targeted efforts based on data supported initiatives.</p>			
	2011	2012	2013
Objective 1: Research possible partners and other initiative that are being developed.		X	X
1. Help/support our partners with in-services.		X	X
<p>Objective 2: Promote healthy lifestyles including nutrition and exercise among child care providers through in-services.</p> <p><b>5/9/12</b></p> <ul style="list-style-type: none"> <li>○ Gina looking to get a date in June to meet with HSCB/Hunger Council members interested in addressing wellness in LC. Brainstorm/review CNA.</li> </ul> <p><b>3/14/12</b></p> <ul style="list-style-type: none"> <li>○ Gina Met with Lindsay Beaudry - it was discussed that GSC and HSCB have a joint meeting of those groups working on or interested in addressing wellness in Livingston County and having some focused joint effort to address some wellness needs.</li> </ul> <p><b>2/8/12</b></p> <ul style="list-style-type: none"> <li>○ Jennifer LaVelle from Hunger Council spoke/presented information about Healthy Lifestyles at meeting. .</li> </ul> <p><b>7/11/12</b></p> <ul style="list-style-type: none"> <li>○ Lindsay spoke with Ted and he wants to wait until fall to address this issue until the government mandates comes out.</li> <li>○ Start to address breastfeeding</li> </ul> <p><b>8/8/12</b></p> <ul style="list-style-type: none"> <li>• Start addressing breastfeeding.</li> </ul> <p><b>10/11/12</b></p> <ul style="list-style-type: none"> <li>• Sample Recommendations for Child care centers – Drop off policy, screen time, physical activity, and healthy celebrations.</li> <li>• Head Start Health &amp; Family Advisory Committee – First combined meeting. Patricia gave information and background.</li> </ul>		X	X

<p><b>Target: Parents, Caregivers, Community Partners</b>  Increase awareness of, and access to, existing services for children with special needs.</p>
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	2011	2012	2013
<b>Objective: Continue to develop system approach for increasing awareness of special needs services.</b>			
1. Identify and implement measurable resources and activities that link our early intervention system to support goal. 5/9/12 <ul style="list-style-type: none"> <li>○ ASQ – Met with Lisa Sturges on 4/25, Project Specialist from GSC-Oakland, regarding their implementation process and 1.5 years of active screenings. Discussed their funding/staffing needs, benefits, partners, results, etc. We need to locate start up/sustained funding to move forward.</li> </ul>	X	X	X
2. Further promote special needs information and services on GSL website.	X		
3. Use social networking to increase awareness of special needs services (i.e. Facebook)		X	