

# Online Social-Emotional Resources

## Websites:

*Becky Bailey's Conscious Discipline*

[www.consciousdiscipline.com](http://www.consciousdiscipline.com)

(Relaxation Strategies, Be By Myself Space ideas, Feeling Posters and more)

*Center for Social Emotional Foundations of Early Learning*

[www.vanderbilt.edu/csefel](http://www.vanderbilt.edu/csefel)

(Articles, Feeling Face cube, posters, social stories, Routine Based Strategy guide, Social Emotional Book List)

*National Center for Infants, Toddlers and Families: Zero to Three*

[www.zerotothree.org](http://www.zerotothree.org)

(Extensive website with articles and tools for parents and caregivers of infants and toddlers)

*A Place of Our Own* (PBS series and site for child care providers)

[www.aplaceofourown.org](http://www.aplaceofourown.org)

*This Emotional Life* (PBS series & accompanying website) <http://www.pbs.org/thisemotionallife/home>

*Social Emotional Development in Young Children* (Michigan Dept. of Community Health)

[www.michigan.gov/documents/Social\\_Emotional\\_Development\\_in\\_Young\\_Children\\_Guide\\_88553\\_7.pdf](http://www.michigan.gov/documents/Social_Emotional_Development_in_Young_Children_Guide_88553_7.pdf)

*Social Emotional Health and School Readiness: A Guide for Parents with Children Birth to 5*

(produced by the State of Michigan, no longer in print but remains high quality resource)

[www.michigan.gov/documents/dhs/DHS-Social-Emotional\\_Health\\_and\\_School\\_Readiness\\_275234\\_7.pdf](http://www.michigan.gov/documents/dhs/DHS-Social-Emotional_Health_and_School_Readiness_275234_7.pdf)