

Conversation Starters

Instead of
"How was your day?"



What is something funny that happened?



Did anyone do something kind today?



Who made you smile today?



What challenged you today?



What is something you learned today?



Who did you play with at recess today?



What book did you read today?



What did you sing today?



What did you do at recess?



What did you do that was creative?



Did anyone push your buttons today?



Who did you sit next to at lunch?



What did you eat for lunch?



Did anything make you feel scared today?



Did you do something helpful today?



What is something new you tried today?

Additional Tips

- * Keep things light and positive.
- * Greet your child with your full attention- no phone.
- * Feel free to adapt questions in your own words.