

Livingston County Community Resources
for
Pregnant People and Young Families



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Programs are listed alphabetically within the resource guide. This table of contents divides programs up by primary services and supports provided. Some programs may be listed in more than one category depending on their offerings, and some may provide services that are not included in these categories. Inclusion in this guide is not an endorsement or guarantee of service.

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BRIGHTON DISTRICT LIBRARY



Brighton
District
Library

flannel
friday

Agency Name: Brighton District Library

Program Name: Flannel Friday

Brief Program description: Join us each Friday at 11:00am for songs, rhymes, fingerplays, puppets, and flannel stories. Flannel Fridays are posted on our Youth Services blog and our Brighton District Library YouTube channel for convenient viewing.

Contact person and information for your program: Carla Sharp, 810-229-6571 ext. 209, csharp@brightonlibrary.info

What do you offer summarized in five bullet points:

- Early literacy skill building
- 2-Tips for supporting early literacy skills through everyday activities at home and on the go.

Identify your target audience or clients: Children ages 1-5 and their caregiver

Identify your eligibility requirements: None required

Identify any cost(s) for your program: No cost

Do you offer virtual services? This is a virtual program offered free of charge through our website at <https://bdlyouth.blogspot.com/>

CHILD CARE NETWORK



Agency Name: Child Care Network/Southeast Resource Center

Program Name: Great Start to Quality

Brief Program Description: Parents/families can visit the Great Start to Quality website (www.greatstarttoquality.org) to access a list of licensed child care programs in their area that may meet their needs. The website also has a wealth of information to assist families in their search.

Contact person and information for your program: In the process of hiring our Livingston county Specialist, so please use our general office line and email (which are manned): 734-975-1840 or info@childcarenetwork.org

What do you offer summarized in five bullet points: We are happy to help families in their search for child care! We can walk you through the process and website resources, and share any insight on searching for care in Livingston County.

Identify your target audience or clients: Any family looking for child care.

Identify your eligibility requirements: None. We and the website are a free resource!

Identify any cost(s) for your program: None.

Do you offer virtual services? We are happy to talk over the phone or email, or set up a Zoom call to share the screen and walk families through a search and the resources available.

CHILDREN'S CENTER FOR GROWTH AND DEVELOPMENT



Agency Name: Children's Center for Growth and Development

Program Name: Pediatric Therapy Services (Speech Therapy, Occupational Therapy, Physical Therapy)

Brief Program Description: A pediatric therapy center that provides evaluations and individualized therapy services for developmentally delayed children and their families. Services include Speech therapy, Occupational therapy and Physical therapy. Services are provided in a fun, play-based approach focused on how children learn best - through play.

Contact person and information for your program: Beth Economou (Clinical Director) or Katie Nowacki (Office Manager), 810-991-1211

What do you offer summarized in five bullet points:

- Individualized therapy services (Speech, OT, PT)
- Parent Education/ Home Programming
- Free Screenings
- Seasonal play groups and/or group sessions with a focus on various skills (social skills, handwriting, etc.)
- Feeding therapy (picky eaters, swallowing therapy)

Identify your target audience or clients: Children aged 0-10

Identify your eligibility requirements: Eligibility for coverage/therapy is determined by an evaluation

Identify any cost(s) for your program: Cost is determined by your health insurance benefits (we will provide a review and estimated cost); private pay options; assistance with locating grants to apply for

Do you offer virtual services? Yes

COMMUNITY MENTAL HEALTH PARENT INFANT PROGRAM



Agency Name: Livingston County Community Mental Health

Program Name: Parent Infant Program

Brief Program Description: Infant Mental Health Home-Based Therapy provides a range of support to expectant parents and caregivers to children ages birth through age 3 in the home and in the community when deemed appropriate.

Contact person and information for your program: 517 548-0081 - Wendy Kunce, Kate Fox, or Lisa Paquette

What do you offer summarized in five bullet points:

- Developmental Guidance – assess infant/toddler’s developmental task abilities and social-emotional development in order to identify areas of strength and provide additional support to strengthen areas of need/concern
- Parental Support - address parental mental health needs, identify and reduce parental stressors that may interfere with healthy development of a secure attachment relationship with one’s infant/toddler
- Infant-Parent Psychotherapy - explore how one was parented impacts parenting in the present
- Information and referral to other community providers to address additional family needs

Identify your target audience or clients: Families expecting a child and/or parenting a child birth through age 3 years.

Identify your eligibility requirements: Families with Medicaid. Eligibility is determined by contacting CMH Intake Department at 517 546-4126, completing a phone screening at which time eligibility will be determined. If eligible, an Intake Assessment will be scheduled with a CMH Intake Clinician.

Identify any cost(s) for your program: No cost to families with Medicaid; Medicaid is billed for service

Do you offer virtual services? Yes, due to COVID-19 allowances currently in place.

CROMAINE DISTRICT LIBRARY



Agency Name: Cromaine District Library

Program Name: Babygarten Newsletter

Brief Program Description: Bi-weekly digital newsletter for parents or caregivers of children ages 0-23 months that provides early literacy tips, rhymes, sensory play ideas, board book recommendations, and information on early childhood development.

Contact person and information for your program: Loni Wetherell, lwetherell@cromaine.org

What do you offer summarized in five bullet points:

- Early literacy tips
- Rhymes
- Sensory play ideas
- Board book recommendations
- Information on early childhood development

Identify your target audience or clients: Parents or caregivers of children ages 0-23 months

Identify your eligibility requirements: None, you just need to register for our bi-weekly digital newsletter via our programming calendar at www.cromaine.org or by phone (810) 632-5200

Identify any cost(s) for your program: None

Do you offer virtual services? No

EARLY CONNECTIONS INSTITUTE



Agency Name: Early Connections Institute

Program Name: Mental Health Therapy Resources for Women, Children & Families

Brief Program Description: We provide outpatient therapy for individuals with diverse backgrounds with a specialization in maternal mental health, early childhood mental health and women's issues.

Contact person and information for your program: Monica Laming, LMSW, 810-845-2133, 711 E. Grand River Ave. Suite A, Brighton, MI

What do you offer summarized in five bullet points:

- Maternal mental health services (treatment for perinatal mood disorders, adjustment to pregnancy/motherhood, birth trauma etc.)
- Reproductive Mental Health Services (support for individuals and families with reproductive challenges or loss, infertility struggles etc.)
- Children's Mental Health Services (specialized treatment for children from birth to teenage years including support for developmental or bonding concerns as well as play therapy and talk therapy for mental, emotional and behavioral concerns etc.)
- Mental Health Services for Women (specialized treatment for women's issues including depression, anxiety, mood disorders, life transitions etc.)

Identify your target audience or clients: Women, children and families

Identify your eligibility requirements: Based on health insurance

Identify any cost(s) for your program: Based on health insurance

Do you offer virtual services? Yes

EARLY ON



Agency Name: Livingston Educational Service Agency

Program Name: Early On

Brief Program Description: Early On through Livingston Educational Service Agency (Livingston ESA) is an early intervention program which services children birth through 3 years of age who may have established medical conditions and/or special education needs requiring support from highly trained family service coordinators and special education providers. Families gain strategies through a Primary Service Provider (PSP) model which allows providers to coach caregivers in how to support their child make progress toward developmental milestones. Caregivers and providers work together to set goals and support their child in demonstrating functional life skills.

Contact person and information for your program: Sara Leggett, Director of Early Childhood Special Education, saraleggett@livingstonesa.org

What do you offer summarized in five bullet points:

- Free evaluations for Early On services and school-based special education eligibilities for 0-3 population
- Coaching services for caregivers to support their child's growth toward developmental milestones
- Free access to highly-trained providers such as Speech and Language Pathologists, Special Education Teachers, Occupational Therapists, etc.
- Case coordinators to help connect families to community resources
- Tools and strategies to help infants and toddlers with important need areas such as speech, communication, self-regulation, engagement, and more!

Identify your target audience or clients: Children birth through 3 years of age who may have established medical conditions and/or special education needs requiring support from highly trained family service coordinators and special education providers

Identify your eligibility requirements: A child may be eligible if they have an established medical condition and/or meet eligibility criteria in a special education eligibility area under Michigan state rules, and their disability has a negative impact on their ability to function in their natural environments.

Identify any cost(s) for your program: Free

Do you offer virtual services? Yes. Families are offered virtual services and may be offered in-person services if appropriate for their child's outcomes and needs dependent on state laws and local agency guidelines.

GREAT START LIVINGSTON



Agency Name: Great Start Livingston

Program Name:

Brief Program Description: Great Start Livingston is a partnership of local community agencies, businesses, early childhood and K-12 educators and parents. Great Start Livingston encompasses the Great Start Collaborative and the Great Start Parent Coalition. Both committees work together toward achieving a comprehensive early childhood system aligned to address all the factors that influence a child's readiness for school and life.

Contact person and information for your program: Robin Schutz, GSL Coordinator, 517-540-6829

What do you offer summarized in five bullet points:

- Parent Coalition meetings - an opportunity to socialize and learn with other parents
- Educational workshops and trainings
- Parent/Child activities

Identify your target audience or clients: Parents of children aged 0-8

Identify your eligibility requirements: None

Identify any cost(s) for your program: None

Do you offer virtual services? Yes

HOWELL CARNEGIE DISTRICT LIBRARY



Agency Name: Howell Carnegie District Library

Program Name: Early Literacy Classes

Brief Program Description: An opportunity to spend time with your child while engaging in songs, stories, and rhymes.

Contact person and information for your program: Janice Heilman, www.howelllibrary.org

What do you offer summarized in five bullet points:

Identify your target audience or clients: Parents/caregivers and 0-5 year olds

Identify your eligibility requirements: None

Identify any cost(s) for your program: Free

Do you offer virtual services? Yes, see our website or call for details. 517-546-0720

KEY DEVELOPMENT CENTER



Agency Name: Key Development Center

Program Name: Women's Specialty Services

Brief Program Description: Case management and support for women who are pregnant, have dependent children or are attempting to gain custody and seeking treatment for substance use disorder

Contact person and information for your program: Abby Andrews, Women's Specialty Services Case Manager. 810-220-8192.

What do you offer summarized in five bullet points:

- Case management
- Transportation to dental/medical appointments
- Resource assistance
- Peer relations
- Support groups

Identify your target audience or clients: Women who are pregnant, have dependent children or are attempting to gain custody and seeking treatment for substance use disorder.

Identify your eligibility requirements: Active participation in therapy at Key Development Center and being a parent.

Identify any cost(s) for your program: Just an authorization from Community Mental Health.

Do you offer virtual services? Yes! However, support groups are currently in-person.

KIDS IN MOTION PEDIATRIC THERAPY SERVICES



Agency Name: Kids In Motion Pediatric Therapy Services

Program Name: Physical, Occupational, Speech, Aquatic (Highland clinic), Feeding, Sensory Therapy

Brief Program Description: Infant & Child Development Specialists

Contact person and information for your program: Mindy Oaks, Patient Care Coordinator, 248-707-3100 (VM), marketing@kidsinmotionmi.com

What do you offer summarized in five bullet points:

- Physical Therapy - Evaluation and treatment of neuromuscular and musculoskeletal conditions, including limitations in strength, range of motion, gait, endurance, pain, gross motor development, balance, coordination, movement, posture and the need for orthotics.
- Occupational Therapy - Sensory function (vestibular, tactile, proprioception), Reflex integration, Fine motor skills- hand strength, grasp, release, reach and hand function, Visual motor skills, eye hand coordination, Perceptual motor skills, Self-care skills, dressing, grooming, Range of motion, Oral motor, feeding and swallowing, Behavior issues due to processing, and Coordination issues.
- Speech & Language Therapy - Provides intervention for a variety of communication disorders. Specific areas of concern are receptive language, the ability to attend, recognize, comprehend and retain information, expressive language functioning, involving vocabulary, word retrieval, grammar and the ability to formulate complete organized thoughts and articulatory functioning, which utilizes the oral mechanics (oral motor control and musculature strength) to produce sounds into clear words.
- VitalStim Therapy - is a safe and effective treatment for patients suffering from a difficulty swallowing or dysphagia. The Vital Stim therapy system is a non-invasive therapy to help with swallowing through the use of Neuromuscular Electrical Stimulation (NMES).
- Aquatic Therapy - Improves level of Fine motor and Gross motor skills, greater flexibility and strength, better range of motion, improved balance and coordination, reduced joint strain and pain, increased sensory input, feedback and proprioception, decreased tone and relaxation of tight muscles, increased confidence and self-esteem, decreased effect of gravity, increased freedom of movement.

Identify your target audience or clients: Parents of children, birth to young adult

Identify your eligibility requirements: Insurance & private pay based

Identify any cost(s) for your program: Cost depends on insurance coverage

Do you offer virtual services? Yes! Teletherapy services offered

LACASA



Agency Name: LACASA

Program Name:

Brief Program Description: We support and advocate for survivors of child abuse, domestic violence, and sexual assault. We provide prevention, education, and awareness to strengthen families and make our community safer.

Contact person and information for your program: Front office - 517-548-1350, 24-Hour Help Line - 866-522-2725.

What do you offer summarized in five bullet points:

- Counseling and support groups for adults and children who have experienced interpersonal violence
- Domestic Violence services including a crisis shelter, legal advocacy, and safety planning
- Sexual assault services including Sexual Assault Nurse Examiners and an On-Call response team
- Child abuse and neglect services including Child Abuse Response Effort forensic interviews, Court Appointed Special Advocates, and Parent Coaching
- Prevention and education programs including in-school workshops for local students, professional development trainings, parenting classes, and the **Healthy Families Livingston** home visiting program

Identify your target audience or clients: Any adult or child in Livingston County who has experienced or is experiencing child abuse, domestic violence, or sexual assault.

Identify your eligibility requirements: Some programs may have specific eligibility requirements, contact the LACASA office or Help Line for more information.

Identify any cost(s) for your program: There are no costs for survivor services. Some trainings or programs may have registration fees. Contact the LACASA office or Help Line for information on program details.

Do you offer virtual services? Yes

LACASA'S CHILD ABUSE PREVENTION (CAP) COUNCIL



Agency Name: LACASA

Program Name: Child Abuse Prevention (CAP) Council

Brief Program Description: The CAP Council provides education and awareness about preventing child abuse and neglect in Livingston County. We offer infant safety education and support for new parents and infant caregivers, including our online *Sleeping Crying Driving* infant safety class. We provide safe sleep materials such as sleep sacks and portable cribs to families who need them. We also offer abuse prevention education for parents, including the evidence-based Stewards of Children child sexual abuse prevention training.

Contact person and information for your program: Holly Naylor, 517-548-1350, hnaylor@lacasacenter.org

What do you offer summarized in five bullet points:

- Infant safety education for parents and child caregivers on safe sleep and coping with infant crying, including the fully online *Sleeping Crying Driving* class
- Safe sleep materials such as portable cribs and sleep sacks
- Child abuse prevention trainings

Identify your target audience or clients: Our broader audience is the Livingston County community as a whole, but our infant safety education and outreach is tailored for new parents and infant caregivers.

Identify your eligibility requirements: None

Identify any cost(s) for your program: There is no cost for parents to receive infant safety education or materials.

Do you offer virtual services? The *Sleeping Crying Driving* class is available online, and other CAP Council programs can be offered in an in-person or virtual setting.

LACASA'S HEALTHY FAMILIES LIVINGSTON



Agency Name: LACASA

Program Name: Healthy Families Livingston

Brief Program Description: Home visiting program to support pregnant women and new families in strengthening their parenting skills

Contact person and information for your program: Maureen Wright, maureenw@lacasacenter.org, 517-915-8893

What do you offer summarized in five bullet points:

- Support throughout pregnancy and the early years of your baby's life
- Tips on how to make your home safer for your baby
- Information on how to care for your baby and toddler and activities that you can enjoy together
- Facts that let you know your baby is developing in healthy ways
- Connections to other supports and services available within the community

Identify your target audience or clients: Livingston County, WIC eligible pregnant women or new families

Identify your eligibility requirements: Women/families that could benefit from additional support and services

Identify any cost(s) for your program: NONE

Do you offer virtual services? YES

LIVINGSTON COUNTY BIRTH CIRCLE



Agency Name: Livingston County Birth Circle

Program Name: Livingston County Birth Circle

Brief Program Description: The Livingston County Birth Circle is a safe, nonjudgmental forum to share stories, ask questions, connect with members of the local birth community, or just to listen and be a part of the experience. Our mission is to support birthing people in finding their birth power, provide information about evidence based care and practices, and improve birth satisfaction. We do this by encouraging thoughtful inquiry, providing caring support, and creating a safe place for encouragement, healing and connection.

Contact person and information for your program: Jenn D'Jamoos, CCCE, CHC, 810-623-4112, livingstoncountybirthcircle.org

What do you offer summarized in five bullet points:

- Perinatal health resources and education
- Community building
- Evidence-based Informational support
- Obstetric and Perinatal Mental Health provider recommendations
- Professional doula and childbirth education recommendations

Identify your target audience or clients: Trying-To-Conceive and pregnant people in and around Livingston County

Identify your eligibility requirements: N/A

Identify any cost(s) for your program: There is no cost to participants

Do you offer virtual services? Yes

LIVINGSTON COUNTY HEALTH DEPARTMENT WIC PROGRAM



Agency Name: Livingston County Health Department

Program Name: Livingston County WIC Program (Women, Infants & Children)

Brief Program Description: WIC is a nutrition program that helps women, infants and children through an important time of growth and development. WIC provides nutritious foods, nutrition education, breastfeeding support, and referrals to other community programs to improve and support clients' health and well-being. Women receive support and education to have healthy pregnancies and get breastfeeding off to a good start. Parents and caregivers learn about feeding and caring for their infants and young children.

Contact person and information for your program: Amy Pendell, WIC Program Coordinator
Livingston County Health Department, 2300 East Grand River Ave, Suite 102, Howell, MI 48843
WIC Office Phone: 517-546-5459

What do you offer summarized in five bullet points:

- WIC gives you benefits for healthy foods.
- WIC offers tips and advice to help you feed and care for your family in a healthy way.
- WIC provides nutrition counselors, registered dietitians and lactation consultants who work with you to meet your family's needs.
- WIC provides educational materials and support for breastfeeding.
- WIC helps you find health care, immunizations and gives referrals to other community programs.

Identify your target audience or clients: Women who are pregnant, breastfeeding or who recently had a baby. Infants from birth to 1 year of age. Children from 1 year of age to their 5th birthday.

Identify your eligibility requirements: Medicaid, SNAP or foster families automatically qualify. Income guidelines apply to those not enrolled in the programs listed above.

Identify any cost(s) for your program: No cost

Do you offer virtual services? Virtual services offered at this time due to COVID, though clients are usually seen at the WIC office in Howell.

LOVE INC OF THE GREATER LIVINGSTON AREA



Agency Name: Love INC of the Greater Livingston Area

Program Name: Love INC's New Creation Program and Partner Church Ministries

Brief Program Description: Love INC's New Creation Program offers a course titled "Faith and Finance" which teaches creative ways to analyze available resources and funds to support a balanced budget. This is taught in a 12 week, in-person course and reviews topics such as living simply, reducing debt, preparing for emergencies, and creating a spending plan.

Love INC's Partner Church Ministries (or GAP Ministries) offers diapers and wipes to those who financially qualify. We also have a partner ministry who provides a crib, delivers and assembles, and provides one set of crib sheets.

Contact person and information for your program:

Love INC's New Creation Program: Laurie Bourbonais/Tammy Paulin: 517-552-3816 or by email at loveincnewcreation@gmail.com. Love INC's Partner Church Ministry: 517-552-3620; please leave a message if someone does not answer.

What do you offer summarized in five bullet points:

- Supportive community
- Path to self-sustainability and financial freedom
- Christian fellowship and prayer
- Diapers and wipes
- Cribs and sheets

Identify your target audience or clients: Love INC desires to serve the people of our community. We welcome all participants who are willing to mutually participate in their success. The Partner Church Ministries are designed to support lower income families in our community.

Identify your eligibility requirements: Eligibility varies based on family size, income, and expenses. Please call 517-552-3620 for additional information.

Identify any cost(s) for your program: All of our programs are supported through our generous partner churches and donors and are offered at zero cost to our participants.

Do you offer virtual services? The New Creation Program is currently only offered in person in accordance with Michigan's COVID-19 reopening guidelines. Our Partner Church Ministry is a phone based ministry and delivery services are available.

MICHIGAN DHHS NEWBORN SCREENING



Agency Name: Michigan Department of Health and Human Services

Program Name: Newborn Screening

Brief Program Description: Newborn Screening is a public health program required by Michigan law to find babies with rare but serious disorders that require early treatment. Michigan screens each baby for more than 50 conditions. All babies need to be tested to find the small number who look healthy but have a rare medical condition. Babies with these conditions seem healthy at birth but can become very sick in a short time. Each year more than 250 Michigan babies (one in 400-500 births) are found to have a disorder detected by newborn bloodspot screening. You do not need to request the screening. It is standard at hospitals. Newborn screening helps health professionals identify and treat these conditions before they make a baby sick. Newborn screening usually happens 24 hours after your baby is born, before you leave the hospital. It is important to identify a PCP before heading to the hospital, as the Newborn Screening Program will send your baby's results to the PCP on file with the hospital.

Contact person and information for your program: Kristen Thompson, thompsonk23@michigan.gov

What do you offer summarized in five bullet points:

- The Michigan Newborn Screening Program screens each baby for more than 50 conditions.
- All babies need to be tested to find the small number who look healthy but have a rare medical condition. Newborn screening helps health professionals identify and treat these conditions before they make a baby sick.
- You do not need to request the screening. It is standard at hospitals.
- Newborn screening usually happens 24 hours after your baby is born, before you leave the hospital.
- It is important to identify a primary care provider (PCP) before heading to the hospital, as the Newborn Screening Program will send your baby's results to the PCP on file with the hospital.

Identify your target audience or clients: Expecting or new parents

Identify your eligibility requirements: All babies born in Michigan receive a newborn screen

Identify any cost(s) for your program: The current cost is \$135.29 for the first screen. This fee supports the costs of screening, follow-up, and coordination of confirmatory testing for infants and children affected by the disorders. Hospitals typically purchase a supply of newborn screening cards. The cost is included in the birthing and newborn nursery charges that are usually covered by insurance. The fee can be waived for families with financial hardship.

MICHIGAN STATE UNIVERSITY EXTENSION



Agency Name: Michigan State University - Extension

Program Name: Child & Family Development

Brief Program Description: MSU-Extension provides parenting education through one time presentations and series of classes, both face to face and online. Classes range in length from one to two hours and certificates of attendance can be provided.

Contact person and information for your program: Courtney Aldrich, aldric82@msu.edu or Carrie Shrier, shrier@msu.edu

Webpage: www.msue.msu.edu

Facebook Page: [Facebook.com/MiStrongerFamily](https://www.facebook.com/MiStrongerFamily)

What do you offer summarized in five bullet points:

- One time parent education classes
- Series of parenting education classes
- Self-paced online courses
- Articles, tip sheets, resources
- Activity kits and curriculum

Identify your target audience or clients: Parents of children ages 0-8.

Identify your eligibility requirements: None.

Identify any cost(s) for your program: Typically provided at no cost.

Do you offer virtual services? Yes.

MY COMMUNITY DENTAL CENTERS – HOWELL



Agency Name: My Community Dental Centers - Howell

Program Name:

Brief Program Description:

Contact person and information for your program: Sherry Adams-Shelton, www.mydental.org

What do you offer summarized in five bullet points:

- Improve community health by offering the highest quality oral health care
- Dental services for the whole family
- Adult and children's Medicaid happily accepted
- Income based cost for uninsured patients
- Consistent service; same doctor every visit

Identify your target audience or clients: Families

Identify your eligibility requirements: N/A

Identify any cost(s) for your program: No cost to most Medicaid patients. The initial visit for uninsured patients is \$39.

Do you offer virtual services? No

PERSPECTIVES THERAPY SERVICES



Agency Name: *Perspectives Therapy Services, LLC*

Program Name:

- Maternal Mental Health Care
- Infant Mental Health Care

Brief Program Description: *Perspectives Therapy Services* (PTS) has a team of therapists offering specialized mental health treatment for couples, expecting parents, new parents, grieving parents, and infants. Our practice consists of four clinic locations, including Brighton, Fenton, Highland, and Lansing.

Contact person and information for your program: For more information about our diverse clinical team and the services we offer, visit www.perspectivestherapyservices.com. To schedule an appointment, individuals may call our main line **810-494-7180** to speak with an intake specialist who will set them up with a therapist who best matches their presenting concerns, availability, insurance plan, and other personal preferences.

What do you offer summarized in five bullet points:

- Specialized psychotherapy for presenting concerns such as difficulty transitioning to parenthood, postpartum depression or anxiety, difficulty bonding with baby, thoughts of self-doubt, grief surrounding infant loss or infertility, feelings of resentment, or just needing support through big life changes
- Perinatal mental health assessments
- Collaboration with OB/GYN or Primary Care Physician

Identify your target audience or clients: PTS treats individuals, couples, and families of all stages from infancy through adulthood. Our Maternal Mental Health and Infant Mental Health clinicians aim to help:

- Pregnant, expecting, new, or grieving parents
- Infants with attachment issues
- Young couples and families

Identify your eligibility requirements: N/A

Identify any cost(s) for your program: Our counseling rates range between \$150-175 per 45-55 minute session. We gladly accept most health insurance plans as well as private pay.

Do you offer virtual services? Yes! PTS therapists are pleased to be able to provide a virtual therapy experience via your technological device of choice. In fact, research has shown that teletherapy is similarly effective as in-person therapy, so don't hesitate to reach out, even during this highly unusual time of a public health crisis. And given the current circumstances, most insurance companies are covering telehealth right now even if it's not typically a benefit under your plan.

PREGNANCY HELP CLINIC



Agency Name: Pregnancy Help Clinic

Program Name: Earn While You Learn

Brief Program Description: Earn While You Learn is an educational program that offers parents the opportunity to gain life skills while earning maternity and baby items for their children.

Contact person and information for your program: Mary Daugherty, EWYL Program Director, 810-494-5433

What do you offer summarized in five bullet points:

The E.W.Y.L Program is a parent mentoring program that provides:

- One hour individual session with a mentor
- Customized lesson plans
- Access to classes and support groups
- Community referrals for additional services
- Opportunity to earn maternity, baby, toddler items and clothing

Identify your target audience or clients: The Earn While You Learn Program (E.W.Y.L) is suited for an individual who is expecting or currently caring for a baby or toddler.

Identify your eligibility requirements: There are no requirements for participation.

Identify any cost(s) for your program: The program is free to all participants.

Do you offer virtual services? Yes, we offer an online parent mentoring program.

ST. JOSEPH MERCY LIVINGSTON FAMILY MEDICINE CENTER



Agency Name: St. Joseph Mercy Livingston Family Medicine Center

Program Name: St. Joseph Mercy Livingston Family Medicine Center

Brief Program Description: We are a family medicine residency clinic, comprised of 20 resident physicians in various levels of training and seven board certified faculty physicians. We care for everyone, from pregnant patients, newborns and pediatric patients to teenagers, adults and geriatric populations.

Contact person and information for your program: Lynette Budenaers, practice manager. Phone number: 810-844-7950

What do you offer summarized in five bullet points:

- Primary care for all ages including prenatal care
- Breastfeeding medicine, sports medicine, addiction medicine specialists
- Osteopathic Manipulative Therapy
- Extended office hours
- Same day or next day availability

Identify your target audience or clients: All ages

Identify your eligibility requirements: Medical insurance

Identify any cost(s) for your program: Insurance plan

Do you offer virtual services? Yes