

## Approaches to learning



- Ask questions
- Solve problems on my own
- Approach problems or situations in my own way
- Continue trying even when I'm discouraged
- Explore and explain what I'm doing
- Experiment with different items and materials
- Use my senses

I can...



### My parents help by...

- Encouraging my curiosity, initiative, and ability to expand my learning
- Giving me opportunities to ask questions
- Answering my questions and letting me figure things out on my own
- Understanding my individual temperament and learning style
- Giving me opportunities to use my senses, including getting messy
- Giving me extra time to solve problems on my own
- Limiting my screen time so I have more opportunity to learn
- Helping me learn from my mistakes and failures

**More ideas online:**  
[greatstartlivingston.org](http://greatstartlivingston.org)