

Cognitive development



I can...

- Recognize basic colors
- Recognize some shapes
- Recognize some numbers
- Touch and count objects to 10
- Recognize and write some letters
- Recognize my name in print
- Rhyme words and sounds
- Sort items by shape, size, and color
- Make a simple pattern with items
- Understand "same" and "different"
- Attend and engage in age appropriate activities



My parents help by...

- Reading books to me daily
- Singing and clapping to songs, nursery rhymes, and books
- Teaching me to recognize the letters in my name
- Helping me practice writing my first and last name
- Letting me count items out loud and by touch
- Letting me sort items by size, shape, and color
- Playing games that allow me to find different letters and numbers
- Taking me to the library and allowing me to explore different books

More ideas online:
greatstartlivingston.org



Using my brain