

# ***Social and Emotional Supports and Services Resource Guide***

**Summer 2022**

**Great Start Livingston  
Pediatric and Family Health Committee**





Welcome to the third annual edition of the Social and Emotional Supports and Services Resource Guide.

This guide was developed by the Great Start Livingston Pediatric and Family Health Committee. Thank you to all the local organizations who responded to our survey requests to complete this resource. Much time was spent reviewing the resources and sorting them into the categories. We understand some resources may have been missed and some resources change over time. This guide will be updated annually. Please contact us to be included in any future editions.

This is a guide to help you find resources you or a family you know might need. We are unable to endorse any particular resources. If you have any questions, please contact:

Robin Schutz, Coordinator

[Great Start Livingston](#)

[RobinSchutz@LivingstonESA.org](mailto:RobinSchutz@LivingstonESA.org)

[Great Start Livingston Pediatric and Family Health Committee](#)





# Social-Emotional Resources & Supports



*Note: Information in this document is subject to change.*

## Table of Contents

### By section

Home Visiting	Page
Community Mental Health – Livingston County	1
CPIF Resource Solutions – Maternal Infant Health Program	1
Cradle Me Care Maternal Infant Health Program	1
Health Department – Livingston County	1
LACASA – Healthy Families	2
LESA – Early On	2
Michigan Medicine – Maternal Infant Health Program	2

Community Support & Workshops	Page
Arc Livingston - Advocacy	3
Ascension Brighton Center for Recovery – Circle of Support	3
Cambium Coaching – Parent Workshops & Parent Coaching	3
Great Start Livingston – Parent Coalition	3
Ivy Rehab for Kids / Children’s Center for Growth and Development	4
Ivy Rehab for Kids / Leaps and Bounds Therapy Services	4
Key Development Center – Children Affected by Addiction Livingston	4
Key Development Center – Women’s Specialty Services	5
Kids In Motion - Pediatric Therapy Services	5
LACASA – Body Safety Training Program	5
LACASA – Counseling & Advocacy	6
Michigan Hands & Voices – Guide by Your Side	6
MSU Extension – Parent Workshops	6
Ohana Karate – Social Emotional Learning/Leadership Program	7
Pregnancy Help Clinic – Earn While You Learn	7
Recovery Advocates in Livingston (RAIL) – RAIL’s Women’s Recovery House	7
Recovery Advocates in Livingston (RAIL) – RCO Center	8
The Salvation Army – Character Building	8

School Based	Page
LESA – Early Childhood Special Education	9
LESA – Head Start & GSRP Preschool	9

Social Connections	Page
Arc Livingston – Parent Support Group	10
Arc Livingston - Sibshops	10
Brighton Library – Let’s Get Moving	10
Cromaine Library – Storytimes & Early Literacy Classes	11
Fowlerville UB Church – Moms Next	11
Fowlerville UB Church – MOPS (Mothers of Preschoolers)	11
Great Start Livingston – Playdates	11
Howell Library – Library Littles Early Literacy Class	12
Howell Library – Parent Child Workshop	12
Howell Library – Tots & Tykes Early Literacy Class	12
Howell Library – Preschool Early Literacy Class	12

Counseling/Therapy	Page
Arrowhead Behavioral Health	13
Brighton Center for Pediatric Neurodevelopment	13
Cambium Therapy & Coaching	13
Changes Counseling of Hartland	14
Community Mental Health (CMH) – Livingston County	14
Counseling Services for Children and Families	14
Early Connections Institute	14
Eastern Michigan University – Community Behavioral Health Clinic	15
Evolve Behavior Health	15
Judson Center	15
Karen Bergbower & Associates	15
LACASA – Counseling & Advocacy	16
Livingston County Catholic Charities	16
Michigan Medicine	16
Perspectives Therapy Services	17
Relationship Center of Michigan	17
Thriving Minds	17
Unwritten Endings	17

## Alphabetical

Agency/Program	Category	Page
Arc Livingston – Advocacy	Community Support & Workshops	3
Arc Livingston – Parent Support Group	Social Connections	10
Arc Livingston – Sibshops	Social Connections	10
Arrowhead Behavioral Health	Counseling/Therapy	13
Ascension Brighton Center for Recovery – Circle of Support	Community Support & Workshops	3
Brighton Center for Pediatric Neurodevelopment	Counseling/Therapy	13
Brighton District Library – Let’s Get Moving	Social Connections	10
Cambium Therapy & Coaching – Parent Workshops & Coaching	Community Support & Workshops	3
Cambium Therapy & Coaching - Counseling	Counseling/Therapy	13
Changes Counseling of Hartland	Counseling/Therapy	14
Community Mental Health – Infant Mental Health	Home Visiting	1
Community Mental Health – Child & Family Therapy	Counseling/Therapy	14



<b>Agency/Program</b>	<b>Category</b>	<b>Page</b>
CPIF Resource Solutions – Maternal Infant Health Program	Home Visiting	1
Cradle Me Care Maternal Infant Health Program	Home Visiting	1
Cromaine District Library – Storytimes & Early Literacy Classes	Social Connections	11
Counseling Services for Children and Families	Counseling/Therapy	14
Early Connections Institute	Counseling/Therapy	14
Eastern Michigan University – Community Behavioral Health Clinic	Counseling/Therapy	15
Evolve Behavioral Health	Counseling/Therapy	15
Fowlerville UB Church – Moms Next	Social Connections	11
Fowlerville UB Church – MOPS	Social Connections	11
Great Start Livingston – Parent Coalition	Community Support & Workshops	3
Great Start Livingston – Playdates	Social Connections	11
Howell Carnegie District Library	Social Connections	12
Ivy Rehab for Kids / Children’s Center for Growth and Development	Community Support & Workshops	4
Ivy Rehab for Kids / Leaps & Bounds Therapy	Community Support & Workshops	4
Judson Center	Counseling/Therapy	15
Karen Bergbower & Associates	Counseling/Therapy	15
Key Development – Children Affected by Addiction	Community Support & Workshops	4
Key Development – Women’s Specialty Services	Community Support & Workshops	5
Kids In Motion – Pediatric Therapy Services	Community Support & Workshops	5
LACASA – Body Safety Training Program	Community Support & Workshops	5
LACASA – Counseling & Advocacy	Community Support & Workshops	6 & 16
LACASA – Healthy Families	Home Visiting	2
LESA – Early Childhood Special Education	School Based	9
LESA – Early On	Community Support & Workshops	2
LESA – Head Start & GSRP Preschool	School Based	9
Livingston County Catholic Charities	Counseling/Therapy	16
Michigan Hands & Voices – Guide By Your Side	Community Support & Workshops	6
Michigan Medicine – Child Psychologist, Social Work Consultation	Counseling/Therapy	16
Michigan Medicine – Maternal Infant Health Program	Home Visiting	2
MSU Extension – Parent Workshops	Community Support & Workshops	6
Ohana Karate – Social Emotional Learning/Leadership Program	Community Support & Workshops	7
Perspectives Therapy Services	Counseling/Therapy	17
Pregnancy Help Clinic – Earn While You Learn	Community Support & Workshops	7
Recovery Advocates in Livingston (RAIL) –Women’s Recovery House	Community Support & Workshops	7
Recovery Advocates in Livingston (RAIL) – RCO Center		8
Relationships Center of Michigan – Counseling	Counseling/Therapy	17
Salvation Army – Character Building	Community Support & Workshops	8
Thriving Minds	Counseling/Therapy	17
Unwritten Endings	Counseling/Therapy	17

## Home Visiting

<b>Organization Name</b>	Community Mental Health – Livingston County
<b>Program Name</b>	Infant Mental Health Services - Parent Infant Program
<b>Contact</b>	517-546-4126
<b>Website</b>	Community Mental Health - <a href="http://cmhliv.org">cmhliv.org</a> Parent Infant Program - <a href="http://bit.ly/2NKH1bT">bit.ly/2NKH1bT</a>
<b>Address</b>	622 East Grand River Ave., Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Home visiting service for expectant parents &amp;/or families parenting an infant/child through age 3.</li> <li>• Focus of intervention: support parent/child relationship, attachment and the child's social-emotional health.</li> <li>• Helps parents work on developing and maintaining healthy relationships with their infant or toddler. Parents work with a specially trained infant mental health therapist who provides services in the home or community. More description of services: <a href="http://bit.ly/3eKyMbl">bit.ly/3eKyMbl</a></li> <li>• No cost; must be insured by Medicaid or Medicaid eligible.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	CPIF Resource Solutions
<b>Program Name</b>	Maternal Infant Health Program
<b>Contact</b>	734-469-2322
<b>Website</b>	<a href="http://cpifrs.org">cpifrs.org</a>
<b>Address</b>	4435 Newburgh Rd. Livonia, MI 48154
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Provide support, education, resources &amp; referrals to community agencies.</li> <li>• For pregnant women or children under 12 months.</li> <li>• No cost; must be insured by Medicaid.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Cradle Me Care Maternal Infant Health Program
<b>Program Name</b>	Maternal Infant Health Program (MIHP)
<b>Contact</b>	248-439-1100
<b>Website</b>	<a href="http://cpifrs.org">cpifrs.org</a>
<b>Address</b>	
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Promote healthy pregnancies, positive birth outcomes, and Infant Health and development.</li> <li>• For pregnant women or children under 12 months.</li> <li>• No cost; must be insured by Medicaid.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Health Department – Livingston County
<b>Program Name</b>	Nurses Welcome Newborns
<b>Contact</b>	517-546-9850
<b>Website</b>	<a href="http://livgov.com/health/ph/Pages/NWN.aspx">livgov.com/health/ph/Pages/NWN.aspx</a>
<b>Address</b>	2300 E. Grand River Avenue Suite 102, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Free home visit for post-partum moms.</li> <li>• Discuss post-partum depression, safe sleep, feeding, growth &amp; development, immunizations, sibling rivalry and emotional support for the new mom. <a href="#">See flyer.</a></li> <li>• Complete <a href="#">Referral Form</a> or call 517-546-9850 to schedule appointment.</li> </ul>
<b>Virtual Services Available</b>	



<b>Organization Name</b>	LACASA
<b>Program Name</b>	Healthy Families Livingston
<b>Contact</b>	517-548-1350
<b>Website</b>	<a href="http://lacasacenter.org/healthy-families-program">lacasacenter.org/healthy-families-program</a>
<b>Address</b>	2895 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Home visiting services for families/parents with children prenatal to 5 years old.</li> <li>• Provides parent education on parenting skills and both physical and social-emotional development.</li> <li>• Help families with medical home, track immunizations, conduct routine developmental assessments. Provide and teach activities that foster brain development, attachment, and parent-child interaction.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	Early On
<b>Contact</b>	1-800-EARLY-ON
<b>Website</b>	<a href="http://1800earlyon.org">1800earlyon.org</a>
<b>Address</b>	1425 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Supports for infants and toddlers ages birth to 3 and their families who have developmental delays or are at risk for delays due to certain health conditions.</li> <li>• Ages birth – 3 years old.</li> <li>• Anyone can refer (including parent).</li> <li>• No-cost for evaluation and/or supports (if child qualifies for any).</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Michigan Medicine – Maternal Infant Health Program (MIHP)
<b>Program Name</b>	Maternal Infant Health Program (MIHP)
<b>Contact</b>	734-477-7238, HCS-MVN-MIHP@med.umich.edu
<b>Website</b>	<a href="http://homecare.med.umich.edu/Maternal-Infant-Health-Program">homecare.med.umich.edu/Maternal-Infant-Health-Program</a>
<b>Address</b>	1425 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Free home visiting program provided to pregnant Medicaid recipients and their babies.</li> <li>• This home visiting program provides additional resources, education and support throughout your pregnancy and baby’s first year of life.</li> <li>• Participants gain access to a dedicated team of healthcare providers that value your health and success in parenting.</li> <li>• No cost; must be insured by Medicaid.</li> </ul>
<b>Virtual Services Available</b>	

## Community Support & Workshops

<b>Organization Name</b>	Arc Livingston
<b>Program Name</b>	Advocacy
<b>Contact</b>	517-546-1228 or <a href="mailto:arichardson@arclivingston.org">arichardson@arclivingston.org</a>
<b>Website</b>	<a href="http://Arclivingston.org">Arclivingston.org</a>
<b>Address</b>	2980 Dorr Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Provides advocacy, information, referrals and support to people with developmental disabilities, and their families, in Livingston County.</li> <li>• Ages birth to 26.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Ascension Brighton Center for Recovery
<b>Program Name</b>	Circle of Support – Virtual Education
<b>Contact</b>	810-220-5514
<b>Website</b>	<a href="http://healthcare.ascension.org/Locations/Michigan/MIDET/Brighton-Ascension-Brighton-Center-for-Recovery">healthcare.ascension.org/Locations/Michigan/MIDET/Brighton-Ascension-Brighton-Center-for-Recovery</a> or <a href="http://bit.ly/3gRTLgA">bit.ly/3gRTLgA</a>
<b>Address</b>	12851 Grand River Avenue, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Educational virtual sessions for loved ones (family and circle of support) of ABCR patients.</li> <li>• Sessions are every other Saturday for 1.5 hours.</li> <li>• For ages 13 and older.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Cambium Therapy & Coaching – Jeri Lea Kroll, LMSW
<b>Program Name</b>	Parent/caregiver workshops, parent coaching, counseling
<b>Contact</b>	810-623-5737 or <a href="mailto:jerileak@jerileakroll.com">jerileak@jerileakroll.com</a>
<b>Website</b>	<a href="http://jerileakroll.com">jerileakroll.com</a>
<b>Address</b>	128 W. Main Street, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Free workshops for parents and caregivers of young children.</li> <li>• Coaching for parents and parents-to-be. Approach is attachment focused, trauma informed and sensory sensitive.</li> <li>• Cost – Cash, check, credit/debit or HSA card/check. Will provide detailed invoice for reimbursement as an out of network provider. Small number of sliding scale fee spots available.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Great Start Livingston
<b>Program Name</b>	Parent Coalition
<b>Contact</b>	517-540-6829
<b>Website</b>	<a href="http://GreatStartLivingston.org">GreatStartLivingston.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Opportunity for parents to learn and direct the work of Great Start Livingston.</li> <li>• Provide social connection for parents.</li> <li>• Share community resources, supports and events.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Ivy Rehab for Kids / Children's Center for Growth and Development
<b>Program Name</b>	Pediatric Outpatient Therapy Services
<b>Contact</b>	810-991-1211
<b>Website</b>	<a href="http://ivyrehab.com/location/hartland/">ivyrehab.com/location/hartland/</a>
<b>Address</b>	12319 Hartland Road, Suite 501, Hartland, MI 48353
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Speech therapy, occupational therapy, and physical therapy for children, delivered in a developmentally appropriate play-based model.</li> <li>• Hartland location has a new ABA (Applied Behavior Analysis) therapy clinic.</li> <li>• Most insurance plans accepted and have private pay rates.</li> <li>• Call for specific questions.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Ivy Rehab for Kids / Leaps and Bounds Therapy Services
<b>Program Name</b>	ABA (Applied Behavioral Analysis) and Occupational Therapy
<b>Contact</b>	Brighton: 734-449-4649 Howell: 517-376-4831
<b>Website</b>	<a href="http://ivyrehab.com/location/howell-mi">ivyrehab.com/location/howell-mi</a>
<b>Address</b>	Brighton: 8542 W. Grand River Avenue, Brighton, MI 48116 Howell: 138 W. Highland Road, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Applied Behavior Analysis (ABA) services at Leaps and Bounds Therapy Services Howell location.</li> <li>• ABA treatment focuses on communication, social relationships and behaviors. These children may have a diagnosis of Autism Spectrum Disorder (ASD) along with a range of other diagnosis. Services targets to decrease learning deficits and challenging behaviors.</li> <li>• Occupational therapy at both locations including social and developmental skills.</li> <li>• Cost varies. Accepts insurance.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Key Development Center
<b>Program Name</b>	Children Affected by Addiction Livingston (CAAL)
<b>Contact</b>	810-220-8192
<b>Website</b>	<a href="http://keycenters.org">keycenters.org</a>
<b>Address</b>	2060 Grand River Annex, Suite 600, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Free program for children ages 7-14 who have been affected by their parent(s) addiction.</li> <li>• The purpose of this program is to help children reduce their anxiety and depression and develop coping skills to manage their stress. Evidence-based strategies will be used to support these children and consist of Mindfulness-based Stress Reduction Groups, Cognitive Behavioral Therapy and Interactive Didactic Education.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Key Development Center
<b>Program Name</b>	Women's Specialty Services
<b>Contact</b>	810-220-8192
<b>Website</b>	<a href="http://keycenters.org">keycenters.org</a>
<b>Address</b>	2060 Grand River Annex, Suite 600, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Program open to all women in Livingston County who have difficulties with addiction and have children or are pregnant.</li> <li>• Family-centered approach; treatment is designed to not only address the substance abuse needs of the client, but also to improve the functioning, safety, and wellbeing of the family as a whole.</li> <li>• Cost – Varies <ul style="list-style-type: none"> <li>○ Funded through CMH (Community Mental Health).</li> <li>○ Medicaid - Most individuals with Medicaid who meet criteria for admission into the program can get authorized through CMH (Access).</li> <li>○ Private insurance - Set up differently. Client sees a therapist first and are then referred to the group.</li> <li>○ Self-pay – Sliding scale available.</li> </ul> </li> <li>• If someone meets criteria, Key Development always admits them to the program, and they figure out the funding piece along the way.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Kids In Motion
<b>Program Name</b>	Pediatric Therapy Services
<b>Contact</b>	810-224-5230
<b>Website</b>	<a href="http://kidsinmotionmi.com">kidsinmotionmi.com</a>
<b>Address</b>	10031 Spencer Road, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Infant and child developmental specialists committed to helping children of all abilities reach their full potential in our therapy clinics, via telehealth and in area schools.</li> <li>• Speech, Physical and Occupational therapists evaluate and offer therapies to help with improving social skills, fine and gross motor skills, sensory integration, language, feeding skills, etc.</li> <li>• Free Community Online Developmental Workshops (Kindergarten Readiness, Sensory Processing, Behavior, Speech Development, Picky Eating and more).</li> <li>• Free screenings – online or 15-minute phone call.</li> <li>• Ages birth to young adult.</li> <li>• Cost varies. Accepts insurance. Does not accept Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	LACASA
<b>Program Name</b>	The Body Safety Training Program
<b>Contact</b>	Holly Naylor: 517-548-1350 or <a href="mailto:hnaylor@lacasacenter.org">hnaylor@lacasacenter.org</a>
<b>Website</b>	<a href="http://Lacasacenter.org">Lacasacenter.org</a>
<b>Address</b>	2895 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Child sexual abuse risk-reduction curriculum for children aged 3-7. There are 10 fifteen-minute lessons which cover multiple safety topics including how to recognize inappropriate sexual behavior and how to respond.</li> <li>• Program offered to first grade children in participating districts.</li> <li>• This program is also available as a presentation to parent groups.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	No

<b>Organization Name</b>	LACASA
<b>Program Name</b>	Counseling and Advocacy
<b>Contact</b>	517-548-1350
<b>Website</b>	<a href="http://lacasacenter.org/counseling-center/">lacasacenter.org/counseling-center/</a>
<b>Address</b>	2895 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling for children, teens and adults who have experience domestic violence, sexual assault and/or child abuse. LACASA provides the support those directly impacted by abuse but also caregivers.</li> <li>• Also provide counseling for the family and friends of survivors to help them understand and process issues surrounding abuse, family violence and sexual assault.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Michigan Hands and Voices
<b>Program Name</b>	Guide by Your Side
<b>Contact</b>	248-845-8762 or <a href="mailto:mihandsandvoices@gmail.com">mihandsandvoices@gmail.com</a>
<b>Website</b>	<a href="http://mihandsandvoices.org/gbys">mihandsandvoices.org/gbys</a>
<b>Address</b>	PO Box 71038, Rochester Hills, MI 48037
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Matches parents of children who are deaf or hard of hearing with a trained Parent Guide. Guides are adults who grew up deaf or hard of hearing, who can help families accept their child's hearing loss/deafness so their child can thrive. They share their lived experiences with communication mode/language choices and what worked and did not work for them. The focus is to never lead a family to choose a particular path, but choose the path that is right for them.</li> <li>• No cost</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Michigan State University Extension
<b>Program Name</b>	Parent Workshops
<b>Contact</b>	517-546-3950 or Courtney Aldrich <a href="mailto:aldric82@msu.edu">aldric82@msu.edu</a> or 517-552-6909 or 517-993-8649
<b>Website</b>	<a href="https://www.canr.msu.edu/early_childhood_development/parent-education/events">https://www.canr.msu.edu/early_childhood_development/parent-education/events</a> or <a href="http://bit.ly/msuparentworkshops">bit.ly/msuparentworkshops</a>
<b>Address</b>	2300 E. Grand River Avenue, Suite 111, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• One-time presentations and multi-week series that focus on skills needed to support social and emotional development, self-control &amp; self-regulation and resilience. Titles include Positive Discipline, Setting the Stage, Stress Less with Mindfulness, Resilience, RELAX, Alternatives to Anger, Guiding Principles for Highly Successful Parenting, The Parent Talk System.</li> <li>• Day and time of workshops vary.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Ohana Karate
<b>Program Name</b>	Social Emotional Learning / Leadership Program
<b>Contact</b>	517-586-1001 or <a href="mailto:ohanadojo@gmail.com">ohanadojo@gmail.com</a>
<b>Website</b>	<a href="http://ohanakarate.com">ohanakarate.com</a>
<b>Address</b>	4176 E. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Ages 3-18. Parents need to be actively involved.</li> <li>• Specifically designed to build social-emotional learning (SEL), character and growth mindset in children.</li> <li>• Help parents learn skills to support their child’s socially and emotionally development.</li> <li>• In synch with the SEL program in Hartland elementary schools.</li> <li>• Cost varies.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Pregnancy Help Clinic
<b>Program Name</b>	Earn While You Learn
<b>Contact</b>	810-494-5433
<b>Website</b>	PHC Home: <a href="http://pregnancyhelpclinic.com">pregnancyhelpclinic.com</a> Earn While You Learn: <a href="http://pregnancyhelpclinic.com/support/parenting">pregnancyhelpclinic.com/support/parenting</a>
<b>Address</b>	7743 Grand River Avenue Suite 101, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Educational program which offers parents the opportunity to gain life skills while earning maternity and baby items for their children.</li> <li>• Curriculum includes lessons on healthy pregnancy, early childhood development, discipline and family relationships.</li> <li>• Available to any individual (male or female) who is expecting for or currently caring for a baby or toddler.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Recovery Advocates in Livingston (RAIL)
<b>Program Name</b>	RAIL’s Women Recovery House
<b>Contact</b>	810-599-5346
<b>Website</b>	<a href="http://recoveringallies.org/airhouse">recoveringallies.org/airhouse</a>
<b>Address</b>	521 E Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Provides a structured setting where newly-sober parents/guardians learn basic skills for sober living.</li> <li>• The recovery house provides a safe and healthy living environment to initiate and sustain recovery, and improvement in one’s physical, mental, spiritual, and social wellbeing.</li> <li>• Individuals build resources to support their recovery as they transition to living independently and productively in the community.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Recovery Advocates in Livingston (RAIL)
<b>Program Name</b>	RCO Center
<b>Contact</b>	517-586-4041
<b>Website</b>	<a href="http://recoveringallies.org">recoveringallies.org</a>
<b>Address</b>	5888 Sterling, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Help parents build recover capital at the community level by providing advocacy training, recovery information and resources mobilization, peer support, social activities, and other community-based services.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Salvation Army
<b>Program Name</b>	Character Building
<b>Contact</b>	517-295-4341
<b>Website</b>	<a href="http://centralusa.salvationarmy.org/livingstoncounty">centralusa.salvationarmy.org/livingstoncounty</a>
<b>Address</b>	503 Lake Street, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For youth from Kindergarten-12<sup>th</sup> grade. Wednesday's 6-7 pm.</li> <li>• This program meets and works with youth in all areas of their life by working on badges, social interaction and service projects.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	No



## School Based

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	Early Childhood Special Education Programs
<b>Contact</b>	Brighton Schools - Shannon Chapman: 810-299-3868 or <a href="mailto:shannonchapman@livingstonesa.org">shannonchapman@livingstonesa.org</a> Fowlerville Schools - Laurie Clausen: 517-223-6413 or <a href="mailto:laurieclausen@livingstonesa.org">laurieclausen@livingstonesa.org</a> Hartland Schools - Mary Jo Pangborn: 810-626-2195 or <a href="mailto:maryjopangborn@hartlandschools.us">maryjopangborn@hartlandschools.us</a> Howell Schools - Jill Day: 517-548-6283 x44105 or <a href="mailto:dayj@howellschools.com">dayj@howellschools.com</a> Pinckney Schools - Stephanie Dunham: 810-225-6766 or <a href="mailto:stephaniedunham@livingstonesa.org">stephaniedunham@livingstonesa.org</a>
<b>Website</b>	LESA: <a href="http://livingstonesa.org">livingstonesa.org</a> Special Education: <a href="http://bit.ly/3h7DLVc">bit.ly/3h7DLVc</a>
<b>Address</b>	1425 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Preschool for children ages 3-5 who have been evaluated and found eligible for special education.</li> <li>• The child must meet Michigan Special Education Eligibility criteria.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	Head Start and GSRP (Great Start Readiness Program)
<b>Contact</b>	517-548-2100
<b>Website</b>	Home: <a href="http://LivingstonESA.org">LivingstonESA.org</a> Preschool Information: <a href="http://bit.ly/3ifXsuQ">bit.ly/3ifXsuQ</a> Preschool Registration: <a href="http://StartFreePreschool.org">StartFreePreschool.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Quality preschool program helping children to develop social emotional, early reading and math and other skills needed to be ready for kindergarten and beyond. Parent support is also offered.</li> <li>• Ages – 2 years, 9 months to 5 years old.</li> <li>• Qualify based on income and/or risk factors.</li> <li>• Locations throughout Livingston County.</li> <li>• No cost to those who qualify.</li> </ul>
<b>Virtual Services Available</b>	

## Social Connections

<b>Organization Name</b>	Arc Livingston
<b>Program Name</b>	Parent Support Group
<b>Contact</b>	517-546-1228 or <a href="mailto:arichardson@arclivingston.org">arichardson@arclivingston.org</a>
<b>Website</b>	<a href="http://Arclivingston.org">Arclivingston.org</a>
<b>Address</b>	2980 Dorr Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Connect with parents of children or adults with disabilities to network, get support and give support.</li> <li>• For parents of children/adults ages birth to 26 with disabilities.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Arc Livingston
<b>Program Name</b>	Sibshops
<b>Contact</b>	517-546-1228 or <a href="mailto:erin@arclivingston.org">erin@arclivingston.org</a>
<b>Website</b>	<a href="http://arclivingston.org/sibshops">arclivingston.org/sibshops</a>
<b>Address</b>	2980 Dorr Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Sibshops are lively, action-packed, hour-long workshops that celebrate the many contributions made by brothers and sisters of kids with special needs. They reflect a belief that brothers and sisters have much to offer one another – if they are given a chance. The Sibshop model mixes information and discussion activities with new games (designed to be unique, off-beat, and appealing to a wide ability range), and special guests.</li> <li>• For siblings of children with disabilities or significant health/medical issues.</li> <li>• Ages 8-12.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Brighton District Library
<b>Program Name</b>	Let's Get Moving
<b>Contact</b>	810-229-6571
<b>Website</b>	<a href="http://brightonlibrary.info/kids">brightonlibrary.info/kids</a>
<b>Address</b>	100 Library Drive, Brighton, MI 48816
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Develop your child's brain through songs, music, dance, and rhyme. Caregivers and children share and play together as they experience parachutes and other gross motor activities.</li> <li>• All ages with a caregiver.</li> <li>• Drop-in (spaces are limited).</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Cromaine District Library
<b>Program Name</b>	Storytimes & Early Literacy Classes
<b>Contact</b>	810-632-5200 x107
<b>Website</b>	<a href="http://Cromaine.org">Cromaine.org</a>
<b>Address</b>	3688 N. Hartland Rd., Hartland, MI 48353
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Storytimes and early literacy classes for babies, toddlers and preschoolers.</li> <li>• Designed to foster early literacy skills and give children the opportunities to explore the world around them, build relationships with their caregivers and other children and manage their emotions.</li> <li>• Pre-registration required.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Fowlerville UB Church
<b>Program Name</b>	Moms Next
<b>Contact</b>	517-223-9490
<b>Website</b>	<a href="http://fowlervilleub.org/event/moms-next">fowlervilleub.org/event/moms-next</a>
<b>Address</b>	9300 W. Grand River, Fowlerville, MI 48836
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For moms of children ages Kindergarten – 8<sup>th</sup> grade.</li> <li>• Build friendships, take time for you, and dig deeper into what it means to be a mom. In the busyness of life, MOMS Next reminds you to take pauses.</li> <li>• No childcare. Meets 2<sup>nd</sup> &amp; 4<sup>th</sup> Thursday, 6:30-8:30pm.</li> <li>• Cost - \$41.95/year.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Fowlerville UB Church
<b>Program Name</b>	MOPS (Mothers of Preschoolers)
<b>Contact</b>	517-223-9490
<b>Website</b>	<a href="http://fowlervilleub.org/adults">fowlervilleub.org/adults</a>
<b>Address</b>	9300 W. Grand River, Fowlerville, MI 48836
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For moms of children ages birth – Kindergarten</li> <li>• Provide regular support for moms from moms. Speakers, craft and meal.</li> <li>• Childcare available. Meets 2<sup>nd</sup> &amp; 4<sup>th</sup> Friday, 9:30-11:30 am.</li> <li>• Cost - \$46.95/year.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Great Start Livingston
<b>Program Name</b>	Playdates
<b>Contact</b>	517-540-6829 (Robin)
<b>Website</b>	<a href="http://GreatStartLivingston.org">GreatStartLivingston.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Opportunity for parents and young children to come together for social connection and children’s development.</li> <li>• Various times and locations, follow us on Facebook, <a href="http://GreatStartLiv">GreatStartLiv</a></li> <li>• Drop-In; No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Howell Carnegie District Library
<b>Program Name</b>	Library Littles (Early Literacy Class)
<b>Contact</b>	517-546-0720
<b>Website</b>	<a href="http://Howelllibrary.org">Howelllibrary.org</a>
<b>Address</b>	314 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For babies 6-24 months and a parent/caregiver.</li> <li>• Enjoy songs, finger plays, movement and stories. Six-week sessions; 15-minute class plus book sharing and social time.</li> <li>• Drop-In; No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Howell Carnegie District Library
<b>Program Name</b>	Parent Child Workshop
<b>Contact</b>	517-546-0720
<b>Website</b>	<a href="http://Howelllibrary.org">Howelllibrary.org</a>
<b>Address</b>	314 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Children 6 months - 3 years along with their caregivers.</li> <li>• Children learn, play and grow together including opportunities to develop social-emotional skills. The workshop also connects families to Community Resource Specialists to receive assistance when needed.</li> <li>• Pre-registration required. Sessions in fall, late fall and winter.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Howell Carnegie District Library
<b>Program Name</b>	Tots & Tykes (Early Literacy Class)
<b>Contact</b>	517-546-0720
<b>Website</b>	<a href="http://Howelllibrary.org">Howelllibrary.org</a>
<b>Address</b>	314 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Children ages 2-3 along with their caregivers</li> <li>• Six-week sessions where children listen and interact through stories, flannel board games, songs, and finger plays.</li> <li>• Pre-registration required. Sessions in fall, late fall and winter.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Howell Carnegie District Library
<b>Program Name</b>	Preschool (Early Literacy Class)
<b>Contact</b>	517-546-0720
<b>Website</b>	<a href="http://Howelllibrary.org">Howelllibrary.org</a>
<b>Address</b>	314 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Children ages 3-5 (not in kindergarten yet)</li> <li>• Children enter the story room without their parent and participate in stories, games, songs and finger plays.</li> <li>• Pre-registration required. Sessions in fall, late fall and winter.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	

## Counseling/Therapy

<b>Organization Name</b>	Arrowhead Behavioral Health
<b>Program Name</b>	Counseling/therapy
<b>Contact</b>	517-375-8798 (Bryan Blattert) or <a href="mailto:arrowbehavioralhealth@gmail.com">arrowbehavioralhealth@gmail.com</a>
<b>Website</b>	<a href="https://facebook.com/bryanblattert">facebook.com/bryanblattert</a>
<b>Address</b>	7124 W. Grand River Avenue, Suite 1, Fowlerville, MI 48836
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Therapeutic interventions for children, adults and families. Specializes in childhood trauma.</li> <li>• Therapy includes (but not limited to): Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy and Eye Movement Desensitization Reprocessing Therapy.</li> <li>• Cost varies. Accepts insurance including Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Brighton Center for Pediatric Neurodevelopment
<b>Program Name</b>	Therapy, Diagnostic Evaluation & Parent Coaching
<b>Contact</b>	810-360-1110
<b>Website</b>	<a href="http://bcpn.org">bcpn.org</a>
<b>Address</b>	2250 Genoa Business Park Drive, Suite 100, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• From ages 0 months – 26 years.</li> <li>• Evaluation, testing, therapy, social skills groups (ages 8-11)</li> <li>• Diagnostic evaluations for Autism/ADOS (Autism Diagnostic Observation Schedule)</li> <li>• Also provides parent training/behavioral coaching for home challenges, and educational advocacy/consulting.</li> <li>• Cost varies. Does not accept insurance.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Cambium Therapy & Coaching – Jeri Lea Kroll, LMSW
<b>Program Name</b>	Parent/caregiver workshops, parent coaching, counseling, safe and sound protocol
<b>Contact</b>	810-623-5737 or <a href="mailto:jerileak@jerileakroll.com">jerileak@jerileakroll.com</a>
<b>Website</b>	<a href="http://jerileakroll.com">jerileakroll.com</a>
<b>Address</b>	128 W. Main Street, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Free workshops for parents and caregivers of young children.</li> <li>• Coaching for parents and parents-to-be. Approach is attachment focused, trauma informed and sensory sensitive.</li> <li>• Safe &amp; Sound Protocol - a music-based intervention designed to reduce stress &amp; auditory sensitivity while increasing feelings of calm, felt safety and social engagement. Learn more: <a href="http://jerileakroll.com/safe-and-sound-protocol">jerileakroll.com/safe-and-sound-protocol</a></li> <li>• Cost varies. Does not accept insurance, but will provide detailed invoice for reimbursement as an out of network provider. Small number of sliding scale fee spots available.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Changes Counseling of Hartland
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-475-2005 or <a href="mailto:info@changescounselingofhartland.com">info@changescounselingofhartland.com</a>
<b>Website</b>	<a href="http://changescounselingofhartland.com">changescounselingofhartland.com</a>
<b>Address</b>	12319 Hartland Road, Suite 401, Hartland, MI 48353
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling/therapy for children (ages 5+), adults and families.</li> <li>• Cost varies. Insurance accepted. Does not accept straight Medicaid. Limited number of sliding-scale-fees available.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Community Mental Health (CMH) – Livingston County
<b>Program Name</b>	Child and Family Therapy
<b>Contact</b>	517-546-4126
<b>Website</b>	Home page: <a href="http://cmhliv.org">cmhliv.org</a> How to receive services: <a href="https://bit.ly/38mV9Sx">bit.ly/38mV9Sx</a>
<b>Address</b>	622 E. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Child/youth and family therapy focuses on helping the entire family. Therapists help children, youth, siblings and parents/caregivers address specific symptoms/problem areas and to build skills needed to improve coping and improve functioning.</li> <li>• Several evidence-based practices offered including Trauma-Focused Cognitive Behavior Therapy and Parent Management Training – Oregon model.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Counseling Services for Children and Families
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	248-410-0182 Kristen Ora
<b>Website</b>	<a href="http://counselingservicesforchildrenandfamilies.com">counselingservicesforchildrenandfamilies.com</a>
<b>Address</b>	820 Byron Road, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Outpatient behavior health assessments and counseling for children, adults and families.</li> <li>• Cost varies. Accepts Blue Cross Blue Shield, Blue Care Network, United Healthcare and All Medicaid Health Plans except Molina.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Early Connections Institute
<b>Program Name</b>	Therapy/Mental Health Services
<b>Contact</b>	810-845-2133 or <a href="mailto:mlaming@earlyconnectionsinstitute.com">mlaming@earlyconnectionsinstitute.com</a>
<b>Website</b>	<a href="http://earlyconnectionsinstitute.com">earlyconnectionsinstitute.com</a>
<b>Address</b>	711 E. Grand River Avenue, Suite A, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Specialized mental health services for women, children and young families including perinatal mental health services and early childhood mental health services. ECI aims to promote strong relationships for individuals and families from birth through adulthood.</li> <li>• Services include Infant Mental Health (ages Birth-3), Early Childhood Mental Health (ages 4-7), Maternal Mental Health and Maternal Support group.</li> <li>• Cost varies.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Eastern Michigan University
<b>Program Name</b>	Community Behavioral Health Clinic
<b>Contact</b>	734-487-4987
<b>Website</b>	<a href="http://emich.edu/cbhc">emich.edu/cbhc</a>
<b>Address</b>	1075 North Huron, Ypsilanti, MI 48197
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Child and family therapy, primarily offered to Livingston County residents through telehealth (“Zoom”) services.</li> <li>• Services are provided by Clinical Psychology doctoral students under the supervision of licensed faculty members.</li> <li>• All ages including parent-directed interventions with toddler and young children.</li> <li>• \$10/session.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Evolve Behavioral Health
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-599-9591 Ext 711
<b>Website</b>	<a href="http://evolvebehavioral.com">evolvebehavioral.com</a>
<b>Address</b>	333 E. Grand River Avenue, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling/therapy for individuals, couples and families.</li> <li>• Cost varies. Accepts insurance. Does not accept Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Judson Center
<b>Program Name</b>	Behavioral Health Services & Autism Connections
<b>Contact</b>	248-837-2047
<b>Website</b>	<a href="http://judsoncenter.org/autism/counseling-family-support">judsoncenter.org/autism/counseling-family-support</a> <a href="http://judsoncenter.org/behavioral-health">judsoncenter.org/behavioral-health</a>
<b>Address</b>	Headquarters: 4410 W. Thirteen Mile Road, Royal Oak, MI 48073 Note: In-home services offered in Livingston County
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For ages 18 months to 21 years old.</li> <li>• Focus is on families, children, teens and young adults with autism. Individual and family counseling.</li> <li>• Provides Applied Behavior Analysis (ABA). Also provide counseling, social skills, toileting workshop. Services provided outpatient and in the client's home.</li> <li>• Cost varies. Accepts insurance including Medicaid/MiChild. Note: Medical Autism diagnosis is required for private insurance and Medicaid.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Karen Bergbower & Associates
<b>Program Name</b>	Counseling Services
<b>Contact</b>	810-225-9550 or <a href="mailto:info@kbamichigan.com">info@kbamichigan.com</a>
<b>Website</b>	<a href="http://kbamichigan.com">kbamichigan.com</a>
<b>Address</b>	10299 Grand River Avenue, Suite P, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling services for children (ages 7+), adults and support for parents.</li> <li>• Cost varies. Accepts insurance including Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes



<b>Organization Name</b>	LACASA
<b>Program Name</b>	Counseling and Advocacy
<b>Contact</b>	517-548-1350
<b>Website</b>	<a href="http://lacasacenter.org/counseling-center/">lacasacenter.org/counseling-center/</a>
<b>Address</b>	2895 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• LACASA has Master level staff available to provide individual and group counseling.</li> <li>• Counseling for children, teens and adults who have experience domestic violence, sexual assault and/or child abuse. LACASA provides the support those directly impacted by abuse but also caregivers.</li> <li>• Also provide counseling for the family and friends of survivors to help them understand and process issues surrounding abuse, family violence and sexual assault.</li> <li>• Individuals can contact the 24-hour helpline to access services, 866-522-2725.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Livingston County Catholic Charities
<b>Program Name</b>	Outpatient Mental Health Counseling
<b>Contact</b>	517-545-5944
<b>Website</b>	<a href="http://Livingstoncc.org">Livingstoncc.org</a>
<b>Address</b>	2020 E. Grand River Avenue #104, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Outpatient mental health counseling for children, adolescents and adults. Counseling services includes development of and encouragement of social-emotional health for children and their parents.</li> <li>• Short-term problem focused therapy. Professional, licensed master's level and credentialed therapists can provide Play Therapy, Cognitive Behavioral Therapy and Trauma Informed Therapy.</li> <li>• Most major insurances accepted. Sliding fee scale offered for the uninsured, underinsured or unemployed. Does not accept straight Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Michigan Medicine
<b>Program Name</b>	Child Psychologist, Social Work Consultation
<b>Contact</b>	Brighton: 810-227-9510 Howell: 734-539-5080
<b>Website</b>	Brighton: <a href="http://uofmhealth.org/our-locations/brighton-health">uofmhealth.org/our-locations/brighton-health</a> Howell: <a href="http://uofmhealth.org/our-locations/howell-health-center">uofmhealth.org/our-locations/howell-health-center</a>
<b>Address</b>	Brighton: 8001 Challis Road, Brighton, MI 48116 Howell: 3399 E. Grand River Avenue, Suite 202, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Must be a U-M Medicine patient.</li> <li>• Psychologist meets with children and family to address ADHD, anxiety, depression, etc.</li> <li>• Social worker on staff for brief, short term therapy; bridges the gap for further support and services in the community.</li> <li>• Cost varies. Accepts insurance.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Perspectives Therapy Services
<b>Program Name</b>	Counseling
<b>Contact</b>	810-494-7180
<b>Website</b>	<a href="http://perspectivestherapyservices.com">perspectivestherapyservices.com</a>
<b>Address</b>	2200 Genoa Business Park Drive, Suite 100, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling services offered to individuals of all ages, couples, and family systems by highly skilled mental health professionals. Providers have specialty areas including infant mental health, play therapy, registered art therapist, cognitive-behavioral therapy, pre-natal and post-partum care, trauma-informed treatment, family therapy, and more.</li> <li>• Cost varies. Accepts insurance.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Relationship Center of Michigan
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-227-6218 or <a href="mailto:info@refresh-mi.com">info@refresh-mi.com</a>
<b>Website</b>	<a href="http://Relationship-center-mi.com">Relationship-center-mi.com</a>
<b>Address</b>	5841 Whitmore Lake Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling offered for children, teenagers, adults and families.</li> <li>• Social skills classes teach how to create and nurture peer relationships.</li> <li>• Cost varies. Accepts insurance.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Thriving Minds
<b>Program Name</b>	Counseling/Therapy & Parent Coaching
<b>Contact</b>	810-225-3417 or <a href="mailto:admin@thrivingminds.info">admin@thrivingminds.info</a>
<b>Website</b>	<a href="http://thrivingmindsbehavioralhealth.com">thrivingmindsbehavioralhealth.com</a>
<b>Address</b>	10524 E. Grand River Avenue, Suite 100, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Children and families are taught through individual therapy sessions how to handle big emotions and age-appropriate coping strategies. Parents are coached how to best help their child with emotional regulation.</li> <li>• Cost varies. Accepts insurance. In-network only for Blue Cross Blue Shield (Traditional and PPO). All other insurances considered 'out-of-network'.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Unwritten Endings
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-444-2484
<b>Website</b>	<a href="http://youthandfamilytherapy.com">youthandfamilytherapy.com</a> <a href="https://facebook.com/UnwrittenEndings">facebook.com/UnwrittenEndings</a>
<b>Address</b>	10075 Bergin Road, Suite C, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling for children (ages 3 and up), adolescents and adults. Specializes in anxiety, stress and depression.</li> <li>• Cost varies. Accepts insurance.</li> </ul>
<b>Virtual Services Available</b>	Yes

This is the third edition of the Social - Emotional Supports and Services Resource Guide. It will be maintained and updated via the Pediatric and Family Health Committee, which is a part of [Great Start Livingston](#). This guide will be housed on the [Great Start Livingston website](#).

A special *thank you* to the local businesses, organizations and agencies who responded to surveys to develop this guide.

If you would like to be included in future editions of this guide or if you are interested in more information, please contact:

Robin Schutz, Coordinator  
Great Start Livingston  
[RobinSchutz@LivingstonESA.org](mailto:RobinSchutz@LivingstonESA.org)  
517-540-6829

You can also access additional health and human resources:  
Human Services Collaborative Body, Livingston County  
[livgov.com/hscb](http://livgov.com/hscb)

2-1-1 - information and referral line to connect to services  
Phone: 2-1-1 or text your zip code to 898211  
[CentralMichigan211.org](http://CentralMichigan211.org)

