



# Social and Emotional Supports and Services Resource Guide

2024-2025

Great Start Livingston  
Social Emotional Well-Being Committee



Welcome to the fifth annual edition of the Social and Emotional Supports and Services Resource Guide.

This guide was developed by the Great Start Livingston Social Emotional Well-Being Committee. Thank you to all the local organizations who responded to our survey requests to complete this resource. Much time was spent reviewing the resources and sorting them into categories. We understand some resources may have been missed and some resources change over time. This guide will be updated annually. Please contact us to be included in any future editions.

This is a guide to help you find resources for families with young children. We are unable to endorse any particular resources. If you have any questions, please contact:

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[Great Start Livingston Social and Emotional Well-Being Committee](#)





# Behavioral and Mental Health Resource Guide

*Resources for families with young children*  
2024 - 2025



*Note: Information in this document is subject to change.*

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## Home Visiting

<b>Organization Name</b>	Community Mental Health – Livingston County
<b>Program Name</b>	Infant Mental Health Services - Parent Infant Program
<b>Contact</b>	517-546-4126
<b>Website</b>	Community Mental Health - <a href="http://cmhliv.org">cmhliv.org</a> Parent Infant Program - <a href="http://cmhliv.org/programscyf">cmhliv.org/programscyf</a>
<b>Address</b>	622 East Grand River Ave., Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Home visiting service for expectant parents &amp;/or families parenting an infant/child through age 3.</li> <li>● Focus of intervention: support parent/child relationship, attachment and the child's social-emotional health.</li> <li>● Helps parents work on developing and maintaining healthy relationships with their infant or toddler. Parents work with a specially trained infant mental health therapist who provides services in the home or community.</li> <li>● No cost; must be insured by Medicaid or Medicaid eligible.</li> </ul>

<b>Organization Name</b>	Cradle Me Care Maternal Infant Health Program
<b>Program Name</b>	Maternal Infant Health Program (MIHP)
<b>Contact</b>	248-439-1100
<b>Website</b>	<a href="http://www.cradlemecare.com">www.cradlemecare.com</a>
<b>Address</b>	
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Promote healthy pregnancies, positive birth outcomes, and Infant Health and development.</li> <li>● IBCLC lactation services offered.</li> <li>● For pregnant women or children under 12 months.</li> <li>● No cost; must be insured by Medicaid.</li> </ul>

<b>Organization Name</b>	LACASA
<b>Program Name</b>	LACASA Healthy Families Livingston
<b>Contact</b>	517-548-1350
<b>Website</b>	<a href="http://lacasacenter.org/healthy-families-program">lacasacenter.org/healthy-families-program</a>
<b>Address</b>	2895 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Trained professionals will come to your home to support you in your own space as you prepare for and welcome your baby.</li> <li>● Home visitors provide support without judgement, including information on child development and parenting, connections to local resources, activities that foster brain development and attachment, and support for custom family goals.</li> <li>● Free for families with children prenatal to age 5.</li> </ul>

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	Early On
<b>Contact</b>	1-800-EARLY-ON, Sara Leggett, <a href="mailto:saraleggett@livingstonesa.org">saraleggett@livingstonesa.org</a> and Lori Waite, <a href="mailto:loriwaite@livingstonesa.org">loriwaite@livingstonesa.org</a>
<b>Website</b>	<a href="http://1800earlyon.org">1800earlyon.org</a>
<b>Address</b>	1425 W. Grand River Avenue, Howell, MI 48843

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Provides services for infants and toddlers ages birth to 3 and their families who have developmental delays or are at risk for delays due to certain health conditions.</li> <li>● A development delay means it takes a child a little longer to learn basic skills, for example, talking, crawling, or walking.</li> <li>● Ages birth – 3 years old.</li> <li>● Anyone can refer (including parent).</li> <li>● No-cost for evaluation and/or supports (if child qualifies for any).</li> </ul>

<b>Organization Name</b>	Michigan Medicine – Maternal Infant Health Program (MIHP)
<b>Program Name</b>	Maternal Infant Health Program (MIHP)
<b>Contact</b>	734-477-7238, <a href="mailto:HCS-MVN-MIHP@med.umich.edu">HCS-MVN-MIHP@med.umich.edu</a>
<b>Website</b>	<a href="http://homecare.med.umich.edu/Maternal-Infant-Health-Program">homecare.med.umich.edu/Maternal-Infant-Health-Program</a>
<b>Address</b>	2850 South Industrial Hwy., Ann Arbor, MI 48104
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Free home visiting program provided to pregnant Medicaid recipients and their babies.</li> <li>● This home visiting program provides additional resources, education and support throughout your pregnancy and baby’s first year of life.</li> <li>● Participants gain access to a dedicated team of healthcare providers that value your health and success in parenting.</li> <li>● No cost; must be insured by Medicaid.</li> </ul>
<b>Virtual Services Available</b>	



## Community Support & Workshops

<b>Organization Name</b>	A to Z Speech Therapy
<b>Program Name</b>	Speech and Language Services, Orofacial Myofunctional Therapy and Social Language Group
<b>Contact</b>	734-660-4661 or <a href="mailto:atozspeechandlanguage@gmail.com">atozspeechandlanguage@gmail.com</a>
<b>Website</b>	<a href="http://atozspeechandlanguage.com">atozspeechandlanguage.com</a>
<b>Address</b>	136 Kissane Ave., Suite C, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Private practice offering individual speech and language services, social language groups, and school contracts.</li> <li>● Social language groups focus on socializing, games, crafts, and team challenges. Groups for ages 4-6 and 7-10.</li> <li>● Cost, out-of-pocket.</li> <li>● Does not accept insurance, but can provide superbills for possible insurance reimbursement.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Arc Livingston
<b>Program Name</b>	Advocacy
<b>Contact</b>	517-546-1228 ext 31 or reach Deb Calandrino at <a href="mailto:dcalandrino@arclivingston.org">dcalandrino@arclivingston.org</a>
<b>Website</b>	<a href="http://Arclivingston.org">Arclivingston.org</a>
<b>Address</b>	2980 Dorr Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Provides advocacy, information, guidance, resources and referral assistance, representative payee services and support to people with developmental disabilities, and their families, in Livingston County.</li> <li>● Parent and caregiver support group available for networking and support.</li> <li>● All ages.</li> <li>● No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Ascension Brighton Center for Recovery
<b>Program Name</b>	Family Workshops
<b>Contact</b>	810-220-5514
<b>Website</b>	<a href="http://healthcare.ascension.org/locations/michigan/midet/brighton-ascension-brighton-center-for-recovery/recovery-care-and-support-groups">healthcare.ascension.org/locations/michigan/midet/brighton-ascension-brighton-center-for-recovery/recovery-care-and-support-groups</a>
<b>Address</b>	12851 Grand River Avenue, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Topic-driven educational sessions for family members held on Fridays from noon to 1:30 p.m. Sessions are facilitated by our family therapist.</li> <li>● No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Ascension Brighton Center for Recovery
<b>Program Name</b>	Children's Awareness Programming
<b>Contact</b>	Pat Schafer - 810-220-1807
<b>Website</b>	<a href="http://healthcare.ascension.org/locations/michigan/midet/brighton-ascension-brighton-center-for-recovery/recovery-care-and-support-groups">healthcare.ascension.org/locations/michigan/midet/brighton-ascension-brighton-center-for-recovery/recovery-care-and-support-groups</a>
<b>Address</b>	12851 Grand River Avenue, Brighton, MI 48116

<b>Organization Name</b>	Ascension Brighton Center for Recovery
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• The 3-day program focuses on addiction prevention and promotes healing by helping children understand their feelings and learn coping skills.</li> <li>• For ages 7-12.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Cambium Therapy & Coaching – Jeri Lea Kroll, LMSW
<b>Program Name</b>	Parent/caregiver workshops, parent coaching, counseling
<b>Contact</b>	810-623-5737 or <a href="mailto:jerileak@jerileakroll.com">jerileak@jerileakroll.com</a>
<b>Website</b>	<a href="http://jerileakroll.com">jerileakroll.com</a>
<b>Address</b>	128 W. Main Street, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Free workshops for parents and caregivers of young children.</li> <li>• Coaching for parents and parents-to-be. Approach is attachment focused, trauma informed and sensory sensitive.</li> <li>• Cost – Cash, check, credit/debit or HSA card/check. Will provide detailed invoice for reimbursement as an out of network provider. Small number of sliding scale fee spots available.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Disability Network of Washtenaw Monroe Livingston
<b>Program Name</b>	Peer Support
<b>Contact</b>	734-971-0277 or <a href="mailto:renee@dnwml.org">renee@dnwml.org</a>
<b>Website</b>	<a href="http://dnwml.org">dnwml.org</a>
<b>Address</b>	3941 Research Park Dr., Ann Arbor, MI 48108
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Provides direct peer support and referrals to other community resources and providers.</li> <li>• Persons have to identify as having a disability or be the parent/guardian of a person with a disability. No medical diagnosis is required.</li> <li>• No cost.</li> </ul>

<b>Organization Name</b>	Great Start Livingston
<b>Program Name</b>	Family Coalition
<b>Contact</b>	517-540-6829 Breanne Green - <a href="mailto:breannegreen@livingstonesa.org">breannegreen@livingstonesa.org</a> Lauren Weber - <a href="mailto:laurenweber@livingstonesa.org">laurenweber@livingstonesa.org</a>
<b>Website</b>	<a href="http://GreatStartLivingston.org">GreatStartLivingston.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Opportunity for parents to learn and direct the work of Great Start Livingston.</li> <li>• Provide social connection for parents through events and playdates.</li> <li>• Share community resources, supports and events to enhance early childhood for families in Livingston County.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Ivy Rehab for Kids – Brighton, Hartland and Howell
<b>Program Name</b>	Pediatric Outpatient Therapy and Applied Behavior Analysis (ABA)
<b>Contact</b>	Brighton: 734-449-4649 Brighton ABA: 248-455-1355

<b>Organization Name</b>	Ivy Rehab for Kids – Brighton, Hartland and Howell
	Hartland: 810-991-1211 Hartland ABA: 248-714-8445 Howell: 517-376-4831
<b>Website</b>	<a href="http://ivyrehab.com/location/brighton-mi/">ivyrehab.com/location/brighton-mi/</a> <a href="http://ivyrehab.com/location/brighton%20aba/">ivyrehab.com/location/brighton%20aba/</a> <a href="http://ivyrehab.com/location/hartland/">ivyrehab.com/location/hartland/</a> <a href="http://ivyrehab.com/location/hartland%20aba/">ivyrehab.com/location/hartland%20aba/</a> <a href="http://ivyrehab.com/location/howell-mi/">ivyrehab.com/location/howell-mi</a> <a href="http://ivyrehab.com/location/howell-aba/">ivyrehab.com/location/howell-aba/</a>
<b>Address</b>	Brighton: 8542 W. Grand River Avenue, Brighton, MI 48116 Hartland: 12319 Hartland Road, Suite 501, Hartland, MI 48353 Howell: 138 W. Highland Road, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Infant and child developmental specialists committed to helping children of all abilities reach their full potential in our therapy clinics, via telehealth and in area schools.</li> <li>● Speech, Physical and Occupational therapists evaluate and offer therapies to help with improving social skills, fine and gross motor skills, sensory integration, language, feeding skills, etc.</li> <li>● Applied Behavior Analysis (ABA) treatment focuses on communication, social relationships and behaviors, school readiness and functional living skills. These children may have a diagnosis of Autism Spectrum Disorder along with a range of other diagnosis. Services target to decrease learning deficits and challenging behaviors.</li> <li>● Part-time, full-day and after-school ABA programs available.</li> <li>● Free screenings available – online or for a 15–minute phone call.</li> <li>● Ages birth to young adult.</li> <li>● Cost varies. Accepts most insurance plans. Private pay available.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Key Development Center
<b>Program Name</b>	Children Affected by Addiction Livingston (CAAL)
<b>Contact</b>	810-220-8192
<b>Website</b>	<a href="http://keycenters.org">keycenters.org</a>
<b>Address</b>	2418 E. Grand River Ave., Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Free program for children ages 7-14 who have been affected by their parent(s) addiction.</li> <li>● The purpose of this program is to help children reduce their anxiety and depression and develop coping skills to manage their stress. Evidence-based strategies will be used to support these children and consist of Mindfulness-based Stress Reduction Groups, Cognitive Behavioral Therapy and Interactive Didactic Education.</li> <li>● No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Key Development Center
<b>Program Name</b>	Women’s Specialty Services
<b>Contact</b>	810-220-8192
<b>Website</b>	<a href="http://keycenters.org">keycenters.org</a>
<b>Address</b>	2418 E. Grand River Ave., Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Program open to all women in Livingston County who have difficulties with addiction and have children or are pregnant.</li> </ul>

<b>Organization Name</b>	Key Development Center
	<ul style="list-style-type: none"> <li>● Family-centered approach; treatment is designed to not only address the substance abuse needs of the client, but also to improve the functioning, safety, and wellbeing of the family as a whole.</li> <li>● Cost – Varies <ul style="list-style-type: none"> <li>○ Funded through CMH (Community Mental Health).</li> <li>○ Medicaid - Most individuals with Medicaid who meet criteria for admission into the program can get authorized through CMH (Access).</li> <li>○ Private insurance - Set up differently. Client sees a therapist first and are then referred to the group.</li> <li>○ Self-pay – Sliding scale available.</li> </ul> </li> <li>● If someone meets criteria, Key Development always admits them to the program, and they figure out the funding piece along the way.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	LACASA Child Abuse Prevention (CAP) Council
<b>Program Name</b>	LACASA CAP Council
<b>Contact</b>	Holly Naylor: 517-548-1350 or <a href="mailto:hnaylor@lacasacenter.org">hnaylor@lacasacenter.org</a>
<b>Website</b>	<a href="http://Lacasacenter.org">Lacasacenter.org</a>
<b>Address</b>	1920 Tooley Rd., Howell, MI 48855
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Abuse and neglect prevention training programs, including sexual abuse prevention and trainings on the impact of childhood trauma.</li> <li>● Available to adults and children.</li> <li>● No cost.</li> </ul>
<b>Virtual Services Available</b>	For some programs

<b>Organization Name</b>	LACASA
<b>Program Name</b>	Counseling and Advocacy
<b>Contact</b>	517-548-1350 or <a href="mailto:info@lacasacenter.org">info@lacasacenter.org</a> or text the 24/7 text helpline at 517-777-8005
<b>Website</b>	<a href="http://lacasacenter.org/counseling-center/">lacasacenter.org/counseling-center/</a>
<b>Address</b>	1920 Tooley Rd., Howell, MI 48855
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Counseling for children, teens and adults who have experience domestic violence, sexual violence and/or child abuse. LACASA provides the support those directly impacted by abuse but also caregivers.</li> <li>● Also provide counseling for the family and friends of survivors to help them understand and process issues surrounding abuse, family violence and sexual assault.</li> <li>● No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Love INC
<b>Program Name</b>	New Creation Life Enhancement Program and Partner Church Gap Pantries
<b>Contact</b>	New Creation Contact: Laurie Bourbonais/Carrie Skiles: 517-552-3620 or by email at <a href="mailto:newcreation@livingstonloveinc.org">newcreation@livingstonloveinc.org</a> Gap Pantries: 517-552-3620; Leave a message
<b>Website</b>	<a href="http://www.livingstonloveinc.org">www.livingstonloveinc.org</a>
<b>Address</b>	820 E. Grand River Ave., Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Supportive services</li> </ul>

<b>Organization Name</b>	Love INC
	<ul style="list-style-type: none"> <li>● New Creation includes: Classes, mentors and budget coaches, creating a path to personal sustainability and financial security.</li> <li>● Partner Gap Pantries include: Gas vouchers, LETS tokens, personal care items, paper products, cleaning supplies and garbage bags, bedding, furniture, kitchen supplies, handy man help (small repairs), children's clothing (including boots and shoes), diapers/wipes and cribs/sheets.</li> <li>● No cost; eligibility is case by case, based on family situation.</li> <li>● First step: Call the Clearinghouse Care Center at 517-552-3620 with requests and support. Leave a message; typical wait time is 2-5 days for a call back.</li> </ul>
<b>Virtual Services Available</b>	Some Church Gap Pantry items can be delivered.

<b>Organization Name</b>	Michigan Hands and Voices
<b>Program Name</b>	Guide by Your Side
<b>Contact</b>	Guide by Your Side Coordinator: Amanda Schneider at 517-712-8061 or Email <a href="mailto:schneidera6@michigan.gov">schneidera6@michigan.gov</a>
<b>Website</b>	<a href="http://mihandsandvoices.org/gbys">mihandsandvoices.org/gbys</a>
<b>Address</b>	P.O. Box 1956 Gaylord, MI 49734
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Matches parents of children who are deaf or hard of hearing with a trained Parent Guide. Guides are adults who grew up deaf or hard of hearing, who can help families accept their child's hearing loss/deafness so their child can thrive. They share their lived experiences with communication mode/language choices and what worked and did not work for them. The focus is to never lead a family to choose a particular path, but choose the path that is right for them.</li> <li>● No cost</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Michigan State University Extension
<b>Program Name</b>	Parent Workshops
<b>Contact</b>	Carrie Shrier <a href="mailto:shrier@msu.edu">shrier@msu.edu</a> or Courtney Aldrich <a href="mailto:aldrich82@msu.edu">aldrich82@msu.edu</a> or 517-993-8649
<b>Website</b>	<a href="http://www.canr.msu.edu/child-family-development/parent-education/">www.canr.msu.edu/child-family-development/parent-education/</a>
<b>Address</b>	2300 E. Grand River Avenue, Suite 111, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● One-time presentations and multi-week series that focus on skills needed to support social and emotional development, self-control &amp; self-regulation and resilience. Titles include: Positive Discipline, Setting the Stage, Stress Less with Mindfulness, Resilience, RELAX, Alternatives to Anger, Guiding Principles for Highly Successful Parenting, The Parent Talk System. Building Early Emotional Skills and Building Strong Adolescents.</li> <li>● Day and time of workshops vary.</li> <li>● No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Ohana Karate
<b>Program Name</b>	Social Emotional Learning / Emotional Self-Regulation & Self Control, Fear/Anxiety, Courage/Discipline/Humility
<b>Contact</b>	517-586-1001 or <a href="mailto:ohanadojo@gmail.com">ohanadojo@gmail.com</a>
<b>Website</b>	<a href="http://ohanakarate.com">ohanakarate.com</a>
<b>Address</b>	4176 E. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Ages 3-13. Parents will to be actively involved and learning in the classes.</li> <li>● Specifically designed to build social-emotional learning (SEL), character and growth mindset in children by developing the critical attitude and habits they need for success.</li> </ul>

<b>Organization Name</b>	Ohana Karate
	<ul style="list-style-type: none"> <li>• Help parents learn skills to support their child’s social and emotional development.</li> <li>• Addresses and counteracts the negative effect on the Covid isolation on our children.</li> <li>• Cost varies.</li> </ul>
<b>Virtual Services Available</b>	No

<b>Organization Name</b>	OLHSA – Oakland Livingston Human Service Agency
<b>Program Name</b>	Grandparents Raising Grandchildren
<b>Contact</b>	248-372-1915
<b>Website</b>	<a href="https://olhsa.org/en-us/grandparents-raising-grandchildren">olhsa.org/en-us/grandparents-raising-grandchildren</a>
<b>Address</b>	Central Office – 196 Caesar Chavez Ave., Pontiac, MI 48343
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Grandparents raising grandchildren (GRG) program provides free services to grandparents and kinship caregivers who reside in the same home as related children in Oakland, Livingston and Macomb Counties. Program includes support groups, resources and educational opportunities.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	The Oxford Center
<b>Program Name</b>	Conditions, Therapies
<b>Contact</b>	248-486-3636 or fill out the form on the website to set-up a free Discovery Session to determine the best program and care.
<b>Website</b>	<a href="https://theoxfordcenter.com">theoxfordcenter.com</a>
<b>Address</b>	7030 Whitmore Lake Rd., Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Treatable Conditions, Therapies, Hyperbaric Oxygen Therapy</li> <li>• Free Discovery Session available</li> <li>• Some insurance accepted, call for more information, dependent on what condition or therapy is being treated</li> <li>• Available to all ages</li> <li>• Conditions treated: ADD &amp; ADHD, Alzheimer's &amp; Dementia, Autism Spectrum Disorder (ASD), Autoimmune, Cancer, Cerebral Palsy, Chronic Pain &amp; Inflammation, Concussion, COVID-19, Dyslexia, Healthy Aging and Wellness, and other conditions.</li> <li>• Therapies that are provided are: ABA &amp; Autism Services, Hyperbaric Oxygen Therapy, Intensive Physical Therapy, Medical Services, Neurofeedback, Occupational Therapy, Physical Therapy, Pilates and Speech Therapy.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Pregnancy Help Clinic
<b>Program Name</b>	Earn While You Learn
<b>Contact</b>	810-494-5433
<b>Website</b>	PHC Home: <a href="https://pregnancyhelpclinic.com">pregnancyhelpclinic.com</a> Earn While You Learn: <a href="https://pregnancyhelpclinic.com/support/parenting">pregnancyhelpclinic.com/support/parenting</a>
<b>Address</b>	7743 Grand River Avenue Suite 101, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Educational program which offers parents the opportunity to gain life skills while earning maternity and baby items for their children.</li> </ul>

<b>Organization Name</b>	Pregnancy Help Clinic
	<ul style="list-style-type: none"> <li>• The curriculum includes lessons on healthy pregnancy, early childhood development, discipline and family relationships.</li> <li>• Available to any individual (male or female) who is expecting for or currently caring for a baby or toddler.</li> <li>• No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Recovery Advocates in Livingston (RAIL)
<b>Program Name</b>	RAIL's Women Recovery House
<b>Contact</b>	810-599-5346
<b>Website</b>	<a href="http://recoveringallies.org/airhouse">recoveringallies.org/airhouse</a>
<b>Address</b>	521 E Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Provides a structured setting where newly-sober parents/guardians learn basic skills for sober living.</li> <li>• The recovery house provides a safe and healthy living environment to initiate and sustain recovery, and improvement in one's physical, mental, spiritual, and social wellbeing.</li> <li>• Individuals build resources to support their recovery as they transition to living independently and productively in the community.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Recovery Advocates in Livingston (RAIL)
<b>Program Name</b>	RCO Center
<b>Contact</b>	517-586-4041
<b>Website</b>	<a href="http://recoveringallies.org">recoveringallies.org</a>
<b>Address</b>	5888 Sterling, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Help parents build recover capital at the community level by providing advocacy training, recovery information and resources mobilization, peer support, social activities, and other community-based services.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Work Skills Corporation
<b>Program Name</b>	Clinical Services
<b>Contact</b>	810-227-4868 or taylorp@wskills.com
<b>Website</b>	<a href="http://wskills.com">wskills.com</a>
<b>Address</b>	100 Summit St., Brighton, MI
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Provides speech, occupational therapy, and ABA services ranging from early childhood to young adults.</li> <li>• Accepts insurance, out-of-pocket, Medicaid/MI Child</li> </ul>
<b>Virtual Services Available</b>	

## School Based

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	Early Childhood Special Education Programs
<b>Contact</b>	Brighton Schools - Sara Newman: 810-299-3868 or <a href="mailto:saranewman@livingstonESA.org">saranewman@livingstonESA.org</a> Fowlerville Schools - Laurie Clausen: 517-223-6413 or <a href="mailto:laurieclausen@livingstonESA.org">laurieclausen@livingstonESA.org</a> Hartland Schools - Mary Jo Pangborn: 810-626-2195 or <a href="mailto:maryjopangborn@hartlandschools.us">maryjopangborn@hartlandschools.us</a> Howell Schools - Jill Day: 517-548-6283 x44105 or <a href="mailto:dayj@howellschools.com">dayj@howellschools.com</a> Pinckney Schools - Stephanie Dunham: 810-225-6766 or <a href="mailto:stephaniedunham@livingstonESA.org">stephaniedunham@livingstonESA.org</a>
<b>Website</b>	LESA: <a href="http://LivingstonESA.org">LivingstonESA.org</a> Early Childhood Special Education: <a href="http://LivingstonESA.org/programs-services/early-childhood-special-education">LivingstonESA.org/programs-services/early-childhood-special-education</a> Preschool Registration: <a href="http://StartFreePreschool.org">StartFreePreschool.org</a>
<b>Address</b>	1425 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Preschool for children ages 3-5 who have been evaluated and found eligible for special education.</li> <li>• The child must meet Michigan Special Education Eligibility criteria.</li> <li>• No cost.</li> </ul>

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	Head Start and GSRP (Great Start Readiness Program)
<b>Contact</b>	517-548-2100
<b>Website</b>	Home: <a href="http://LivingstonESA.org">LivingstonESA.org</a> Preschool Registration: <a href="http://StartFreePreschool.org">StartFreePreschool.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Quality preschool program helping children to develop social emotional, early reading and math and other skills needed to be ready for kindergarten and beyond. Parent support is also offered.</li> </ul>



<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
	<ul style="list-style-type: none"> <li>• Ages – 2 years, 9 months to 5 years old.</li> <li>• Qualify based on income and/or risk factors.</li> <li>• Locations throughout Livingston County.</li> <li>• No cost to those who qualify.</li> </ul>

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	31n Mental Health Support
<b>Contact</b>	517-546-5550 or <a href="mailto:nicolettecheff@livingstonESA.org">nicolettecheff@livingstonESA.org</a>
<b>Website</b>	Home: <a href="http://LivingstonESA.org">LivingstonESA.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• LESA 31n Mental Health Specialists may provide mental health services, including individual therapy and group therapy at school.</li> <li>• There is an LESA 31n Mental Health Specialist located at selected schools in Brighton, Fowlerville, Hartland, Howell, and Pickney.</li> <li>• Availability and referral process varies in each district.</li> <li>• No cost to students or families.</li> </ul>

<b>Organization Name</b>	Livingston Educational Service Agency (LESA)
<b>Program Name</b>	31n School Avoidance Mental Health Specialist
<b>Contact</b>	517-546-5550 or <a href="mailto:nicolettecheff@livingstonESA.org">nicolettecheff@livingstonESA.org</a>
<b>Website</b>	Home: <a href="http://LivingstonESA.org">LivingstonESA.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• LESA 31n School Avoidance Mental Health Specialist focuses on supporting and providing therapeutic services to students who have been struggling with School Avoidance.</li> <li>• May provide individual therapy to students in K-12.</li> <li>• May provide therapeutic case management services to the student's family.</li> <li>• The LESA 31n School Avoidance Mental Health Specialist will work collaboratively with the student's school based team to support the student in improving attendance and addressing mental health concerns.</li> <li>• No cost to students or families. Referred to by the schools.</li> </ul>

## Social Connections

<b>Organization Name</b>	Arc Livingston
<b>Program Name</b>	Parent Support Group
<b>Contact</b>	517-546-1228 ext 31 or reach Deb Calandrino at <a href="mailto:dcalandrino@arclivingston.org">dcalandrino@arclivingston.org</a>
<b>Website</b>	<a href="http://Arclivingston.org/parent-support-group">Arclivingston.org/parent-support-group</a>
<b>Address</b>	2980 Dorr Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Connect with parents of children or adults with disabilities to network, get support and give support.</li> <li>● For parents of children/adults ages birth to 26 with disabilities.</li> <li>● No cost.</li> </ul>

<b>Organization Name</b>	Arc Livingston
<b>Program Name</b>	Sibshops
<b>Contact</b>	517-546-1228 ext 32 or reach Kasey Hilton at <a href="mailto:kasey@arclivingston.org">kasey@arclivingston.org</a>
<b>Website</b>	<a href="http://arclivingston.org/sibshops">arclivingston.org/sibshops</a>
<b>Address</b>	2980 Dorr Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Sibshops are lively, action-packed, hour-long workshops that celebrate the many contributions made by brothers and sisters of kids with special needs. They reflect a belief that brothers and sisters have much to offer one another – if they are given a chance. The Sibshop model mixes information and discussion activities with new games (designed to be unique, off-beat, and appealing to a wide ability range), and special guests.</li> <li>● For siblings of children with disabilities or significant health/medical issues.</li> <li>● Ages 8-12.</li> <li>● No cost.</li> </ul>

<b>Organization Name</b>	Arc Livingston
<b>Program Name</b>	Monthly Dances
<b>Contact</b>	517-546-1228 or reach Laura Saur at <a href="mailto:laura@arclivingston.org">laura@arclivingston.org</a>
<b>Website</b>	<a href="http://arclivingston.org/arc-dances">arclivingston.org/arc-dances</a>
<b>Address</b>	2980 Dorr Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Arc Dances are open to everyone in our community! Enjoy a fun evening where those with disabilities and those without dance, laugh and have a fun night together.</li> <li>• Children are welcome as well (accompanied by their parents/caregivers).</li> <li>• Dinner and pop are also provided. Cost: \$3-\$5.</li> </ul>

<b>Organization Name</b>	Brighton District Library
<b>Program Name</b>	Storytimes & Early Literacy Classes
<b>Contact</b>	810-229-6571
<b>Website</b>	<a href="http://Brightonlibrary.info/kids">Brightonlibrary.info/kids</a>
<b>Address</b>	100 Library Drive, Brighton, MI 48816
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Develop your child's brain through songs, music, dance, and rhyme. Caregivers and children share and play together as they experience parachutes and other gross motor activities.</li> <li>• All ages with a caregiver.</li> <li>• Many programs are drop-in (spaces are limited).</li> <li>• No cost.</li> </ul>

<b>Organization Name</b>	Brighton Nazarene Church
<b>Program Name</b>	MOPS (Mothers of Preschoolers)
<b>Contact</b>	Email <a href="mailto:mops@thenaz.org">mops@thenaz.org</a>
<b>Website</b>	<a href="http://thenaz.org">thenaz.org</a>
<b>Address</b>	7669 Brighton Rd., Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For moms of children ages birth – Kindergarten</li> <li>• This is a group designed for moms to experience fellowship, practical teaching, and honest conversation with other moms who understand the joys and frustrations of motherhood.</li> <li>• Meetings are the 2nd and 4th Tuesday of the month from 10 a.m. – 12 p.m.</li> <li>• There is a cost.</li> </ul>

<b>Organization Name</b>	Cromaine Library
<b>Program Name</b>	Storytimes & Early Literacy Classes
<b>Contact</b>	810-632-5200 x107
<b>Website</b>	<a href="http://Cromaine.org">Cromaine.org</a>
<b>Address</b>	3688 N. Hartland Rd., Hartland, MI 48353
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Storytimes and early literacy classes for babies, toddlers and preschoolers.</li> <li>• Visit website for various opportunities. Some programs require pre-registration.</li> <li>• No cost.</li> </ul>

<b>Organization Name</b>	Fowlerville District Library
<b>Program Name</b>	Storytimes
<b>Contact</b>	517-546-0720

<b>Organization Name</b>	Fowlerville District Library
<b>Website</b>	<a href="http://Fowlervillelibrary.net">Fowlervillelibrary.net</a>
<b>Address</b>	314 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Weekly story times and events for babies, toddlers, preschoolers and families.</li> <li>• Visit website for various programs.</li> <li>• No cost.</li> </ul>

<b>Organization Name</b>	Fowlerville UB Church
<b>Program Name</b>	MOPS (Mothers of Preschoolers)
<b>Contact</b>	517-223-9490
<b>Website</b>	<a href="http://Fowlervilleub.org/mops">Fowlervilleub.org/mops</a>
<b>Address</b>	9300 W. Grand River, Fowlerville, MI 48836
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For moms of children ages birth – Kindergarten</li> <li>• Provide regular support for moms from moms. Speakers, craft and meal.</li> <li>• Childcare available. Meets 2<sup>nd</sup> &amp; 4<sup>th</sup> Friday, 9:30-11:30 am.</li> <li>• There is an annual fee.</li> </ul>

<b>Organization Name</b>	Great Start Livingston
<b>Program Name</b>	FREE Playdates
<b>Contact</b>	517-540-6829
<b>Website</b>	<a href="http://GreatStartLivingston.org">GreatStartLivingston.org</a>
<b>Address</b>	1425 W. Grand River, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Opportunity for parents and young children to come together for social connection and children’s development.</li> <li>• Various times and locations</li> <li>• Follow <a href="#">GreatStartLiv</a> on Facebook for more information</li> <li>• Drop-in; no cost.</li> </ul>

<b>Organization Name</b>	Hamburg Township Library
<b>Program Name</b>	Early Literacy Programs
<b>Contact</b>	810-231-1771
<b>Website</b>	<a href="http://Hamburglibrary.org">Hamburglibrary.org</a>
<b>Address</b>	10411 Merrill Rd., Hamburg, MI 48139
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Programs and events designed to help children and their families to embrace reading and learning.</li> <li>• Visit website for various programs.</li> <li>• Drop-In; no cost.</li> </ul>

<b>Organization Name</b>	Howell Carnegie District Library
<b>Program Name</b>	Parent Child Workshop & Early Literacy Classes
<b>Contact</b>	517-546-0720
<b>Website</b>	<a href="http://Howelllibrary.org">Howelllibrary.org</a>
<b>Address</b>	314 W. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For children ages 0-5 with a parent/caregiver.</li> <li>• Visit website for various programs.</li> <li>• Drop-In; no cost.</li> </ul>

<b>Organization Name</b>	Pinckney Library
<b>Program Name</b>	Storytimes
<b>Contact</b>	734-878-3888
<b>Website</b>	<a href="http://Pinckneylibrary.org">Pinckneylibrary.org</a>
<b>Address</b>	125 Putnam St., Pinckney, MI 48169
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Story times and events for babies, toddlers, preschoolers and families.</li> <li>● Visit website for various programs.</li> <li>● Drop-in; no cost.</li> </ul>

<b>Organization Name</b>	St. Joseph Catholic Church
<b>Program Name</b>	MUMS – Mothers Uplifting Mothers
<b>Contact</b>	Kimberly Wilkinson, 517-375-8257 or email <a href="mailto:kaewilkinson@gmail.com">kaewilkinson@gmail.com</a>
<b>Website</b>	<a href="http://stjosephhowell.com">stjosephhowell.com</a>
<b>Address</b>	440 E. Washington St., Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Ministry designed to help the emotional, mental, physical and spiritual health of mothers.</li> <li>● Meetings are on the first and third Thursday of the month. Free childcare included.</li> <li>● Register for events; no cost.</li> </ul>

## Counseling/Therapy

<b>Organization Name</b>	Arrowhead Behavioral Health
<b>Program Name</b>	Counseling/therapy
<b>Contact</b>	517-715-6155 or <a href="mailto:Bryan@abhtherapymi.com">Bryan@abhtherapymi.com</a>
<b>Website</b>	<a href="https://facebook.com/bryanblattert">facebook.com/bryanblattert</a>
<b>Address</b>	106 S. Second St., Fowlerville, MI 48836
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Therapeutic interventions for children, adults and families. Specializes in childhood trauma.</li> <li>● Therapy includes (but not limited to): Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy and Eye Movement Desensitization Reprocessing Therapy.</li> <li>● Cost varies. Accepts insurance including Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Brighton Center for Pediatric Neurodevelopment
<b>Program Name</b>	Therapy, Diagnostic Evaluation & Parent Coaching
<b>Contact</b>	810-360-1110
<b>Website</b>	<a href="http://bcpn.org">bcpn.org</a>
<b>Address</b>	2250 Genoa Business Park Drive, Suite 100, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● From ages 14 months – 26 years</li> <li>● Evaluation, testing, therapy</li> <li>● Social skills group for ages 12-16</li> <li>● Diagnostic evaluations for Autism/ADOS (Autism Diagnostic Observation Schedule)</li> <li>● Also provides parent training/behavioral coaching for home challenges, and educational advocacy/consulting.</li> <li>● Cost varies. Does not accept insurance.</li> </ul>

<b>Organization Name</b>	Brighton Center for Pediatric Neurodevelopment
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Cambium Therapy & Coaching – Jeri Lea Kroll, LMSW
<b>Program Name</b>	Parent/caregiver workshops, parent coaching, counseling, safe and sound protocol
<b>Contact</b>	810-623-5737 or <a href="mailto:jerilea@jerileakroll.com">jerilea@jerileakroll.com</a>
<b>Website</b>	<a href="http://jerileakroll.com">jerileakroll.com</a>
<b>Address</b>	128 W. Main Street, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Workshops for parents and caregivers of young children, including the course: Being With: A Course for Parents of Kids with Vulnerable Nervous Systems and Big Baffling Behaviors.</li> <li>• Safe &amp; Sound Protocol (music-based listening therapy to support the nervous system)</li> <li>• Play Therapy and Parent Coaching. Our approach is trauma-informed and based on the latest relational neuroscience.</li> <li>• Cost varies. Does not accept insurance, but will provide detailed invoice for reimbursement as an out of network provider. Small number of sliding scale fee spots available.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Changes Counseling of Hartland
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-475-2005 or <a href="mailto:info@changescounselingofhartland.com">info@changescounselingofhartland.com</a>
<b>Website</b>	<a href="http://changescounselingofhartland.com">changescounselingofhartland.com</a>
<b>Address</b>	12319 Hartland Road, Suite 401, Hartland, MI 48353
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling/therapy for children (ages 5+), adults and families.</li> <li>• Cost varies. Insurance accepted. Does not accept straight Medicaid. Limited number of sliding-scale-fees available.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Community Mental Health (CMH) – Livingston County
<b>Program Name</b>	Child and Family Therapy
<b>Contact</b>	517-546-4126
<b>Website</b>	Home page: <a href="http://cmhliv.org">cmhliv.org</a> How to receive services: <a href="http://www.cmhliv.org/programsaccessintake.html">www.cmhliv.org/programsaccessintake.html</a>
<b>Address</b>	622 E. Grand River Avenue, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Child/youth and family therapy focuses on helping the entire family. Therapists help children, youth, siblings and parents/caregivers address specific symptoms/problem areas and to build skills needed to improve coping and improve functioning.</li> <li>• Several evidence-based practices offered including Trauma-Focused Cognitive Behavior Therapy.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Counseling Services for Children and Families
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	248-410-0182 - Kristen Ora
<b>Website</b>	<a href="http://counselingservicesforchildrenandfamilies.com">counselingservicesforchildrenandfamilies.com</a>
<b>Address</b>	820 Byron Road, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Outpatient behavior health assessments and counseling for children, adults and families.</li> </ul>

<b>Organization Name</b>	Counseling Services for Children and Families
	<ul style="list-style-type: none"> <li>• Cost varies. Accepts Blue Cross Blue Shield, Blue Care Network, United Healthcare and All Medicaid Health Plans except Molina.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Early Connections Institute
<b>Program Name</b>	Therapy/Mental Health Services
<b>Contact</b>	810-845-2133 or <a href="mailto:mlaming@earlyconnectionsinstitute.com">mlaming@earlyconnectionsinstitute.com</a>
<b>Website</b>	<a href="http://earlyconnectionsinstitute.com">earlyconnectionsinstitute.com</a>
<b>Address</b>	711 E. Grand River Avenue, Suite A, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Specialized mental health services for women, children and young families including perinatal mental health services and early childhood mental health services. ECI aims to promote strong relationships for individuals and families from birth through adulthood.</li> <li>• Services include Infant Mental Health (ages Birth-3), Early Childhood Mental Health (ages 4-7), Maternal Mental Health and Maternal Support group.</li> <li>• Cost varies.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Eastern Michigan University
<b>Program Name</b>	Community Behavioral Health Clinic
<b>Contact</b>	734-487-4987
<b>Website</b>	<a href="http://emich.edu/cbhc">emich.edu/cbhc</a>
<b>Address</b>	1075 North Huron, Ypsilanti, MI 48197
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Child and family therapy, primarily offered to Livingston County residents through telehealth (“Zoom”) services.</li> <li>• Services are provided by Clinical Psychology doctoral students under the supervision of licensed faculty members.</li> <li>• All ages including parent-directed interventions with toddler and young children.</li> <li>• \$10/session.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Evolve Behavioral Health
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-599-9591, ext. 111
<b>Website</b>	<a href="http://evolvebehavioral.com">evolvebehavioral.com</a>
<b>Address</b>	333 E. Grand River Avenue, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling/therapy for individuals, couples and families.</li> <li>• Cost varies. Accepts insurance. Does not accept Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Heron Ridge Associates of Michigan
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-227-6218
<b>Website</b>	<a href="http://heronridgeassocs.com">heronridgeassocs.com</a>
<b>Address</b>	5841 Whitmore Lake Road, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling is offered for children, teenagers, adults and families.</li> <li>• Cost varies. Accepts insurance.</li> </ul>

<b>Organization Name</b>	Heron Ridge Associates of Michigan
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Judson Center
<b>Program Name</b>	Behavioral Health Services & Autism Connections
<b>Contact</b>	248-837-2047
<b>Website</b>	<a href="http://judsoncenter.org/autism/counseling-family-support">judsoncenter.org/autism/counseling-family-support</a> <a href="http://judsoncenter.org/behavioral-health">judsoncenter.org/behavioral-health</a>
<b>Address</b>	Headquarters: 4410 W. Thirteen Mile Road, Royal Oak, MI 48073 Note: In-home services offered in Livingston County
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• For ages 18 months to 21 years old.</li> <li>• Focus is on families, children, teens and young adults with autism. Individual and family counseling.</li> <li>• Provides Applied Behavior Analysis (ABA). Also provide counseling, social skills, toileting workshop. Services provided outpatient and in the client's home.</li> <li>• Cost varies. Accepts insurance including Medicaid/MiChild. Note: Medical Autism diagnosis is required for private insurance and Medicaid.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Karen Bergbower & Associates
<b>Program Name</b>	Counseling Services
<b>Contact</b>	810-225-9550 or <a href="mailto:info@kbamichigan.com">info@kbamichigan.com</a>
<b>Website</b>	<a href="http://kbamichigan.com">kbamichigan.com</a>
<b>Address</b>	10299 Grand River Avenue, Suite P, Brighton, MI 48116
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Counseling services for children (ages 7+), adults and support for parents.</li> <li>• Cost varies. Accepts insurance including Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Key Development Center
<b>Program Name</b>	Children Affected by Addiction Livingston (CAAL)
<b>Contact</b>	810-220-8192
<b>Website</b>	<a href="http://keycenters.org">keycenters.org</a>
<b>Address</b>	2418 E. Grand River Ave., Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• Full service mental health and substance abuse treatment agency.</li> <li>• Accepts clients with Medicaid (Livingston County only), Medicare Blue Cross Advantage, Blue Care Network, and Blue Cross Blue Shield. Also accept clients who want to pay out of pocket.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	LACASA
<b>Program Name</b>	Counseling and Advocacy
<b>Contact</b>	517-548-1350
<b>Website</b>	<a href="http://lacasacenter.org/counseling-center/">lacasacenter.org/counseling-center/</a>
<b>Address</b>	1920 Tooley Rd., Howell, MI 48855
<b>Service Description</b>	<ul style="list-style-type: none"> <li>• LACASA has Master level staff available to provide individual and group counseling.</li> <li>• Counseling for children, teens and adults who have experience domestic violence, sexual violence and/or child abuse. LACASA provides the support those directly impacted by abuse but also caregivers.</li> </ul>



<b>Organization Name</b>	LACASA
	<ul style="list-style-type: none"> <li>● Also provide counseling for the family and friends of survivors to help them understand and process issues surrounding abuse, family violence and sexual assault.</li> <li>● Individuals can contact the 24-hour helpline to access services, 866-522-2725.</li> <li>● No cost.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Livingston County Catholic Charities
<b>Program Name</b>	Outpatient Mental Health Counseling
<b>Contact</b>	517-545-5944
<b>Website</b>	<a href="http://Livingstoncc.org">Livingstoncc.org</a>
<b>Address</b>	2020 E. Grand River Ave., Suite 104 Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Outpatient mental health counseling for children, adolescents and adults. Counseling services includes development of and encouragement of social-emotional health for children and their parents.</li> <li>● Short-term problem focused therapy. Professional, licensed master’s level and credentialed therapists can provide Play Therapy, Cognitive Behavioral Therapy and Trauma Informed Therapy.</li> <li>● Most major insurances accepted. Sliding fee scale offered for the uninsured, underinsured or unemployed. Does not accept straight Medicaid.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Michigan Medicine
<b>Program Name</b>	Child Psychologist, Social Work Consultation
<b>Contact</b>	Brighton: 810-227-9510 Howell: 734-539-5080
<b>Website</b>	Brighton: <a href="http://uofmhealth.org/our-locations/brighton-health">uofmhealth.org/our-locations/brighton-health</a> Howell: <a href="http://uofmhealth.org/our-locations/howell-health-center">uofmhealth.org/our-locations/howell-health-center</a>
<b>Address</b>	Brighton: 8001 Challis Road, Brighton, MI 48116 Howell: 3399 E. Grand River Avenue, Suite 202, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Must be a U-M Medicine patient.</li> <li>● Psychologist meets with children and family to address ADHD, anxiety, depression, etc.</li> <li>● Social worker on staff for brief, short term therapy; bridges the gap for further support and services in the community.</li> <li>● Cost varies. Accepts insurance.</li> </ul>
<b>Virtual Services Available</b>	

<b>Organization Name</b>	Lifestance Health
<b>Program Name</b>	Therapy, Psychiatry, Psychological Testing
<b>Contact</b>	517-882-3732
<b>Website</b>	<a href="http://Lifestance.com">Lifestance.com</a>
<b>Address</b>	2200 Genoa Business Park Drive, Suite 100, Brighton, MI 48114
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Lifestance believes in providing treatments for the whole person is the only way to make a lasting impact. Specialized therapy such as DBT, CBT, EDMR, trauma/crisis-informed, family &amp; couples, ABA, play &amp; art therapy, ODD as well as other defiant disorders and substance abuse by highly-trained professionals. Psychiatric services and psychological testing for a wider range of behavioral health conditions.</li> <li>● Cost varies. Accepts most insurance.</li> </ul>

<b>Organization Name</b>	Lifescape Health
	<ul style="list-style-type: none"> <li>● Immediate openings.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Thriving Minds
<b>Program Name</b>	Counseling/Therapy & Parent Coaching
<b>Contact</b>	810-225-3417 or <i>admin@thrivingminds.info</i>
<b>Website</b>	<a href="http://thrivingmindsbehavioralhealth.com">thrivingmindsbehavioralhealth.com</a>
<b>Address</b>	8163 W. Grand River Avenue, Brighton, MI 48114 (Additional locations in Ada, Chelsea and Livonia)
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Children and families are taught through individual therapy sessions how to handle big emotions and age-appropriate coping strategies. Parents are coached how to best help their child with emotional regulation.</li> <li>● Cost varies. Accepts insurance. In-network only for Blue Cross Blue Shield (Traditional and PPO). All other insurances considered 'out-of-network'.</li> </ul>
<b>Virtual Services Available</b>	Yes

<b>Organization Name</b>	Unwritten Endings
<b>Program Name</b>	Counseling/Therapy
<b>Contact</b>	810-444-2484 or <i>contact@unwrittenendingsllc.com</i>
<b>Website</b>	<a href="http://youthandfamilytherapy.com">youthandfamilytherapy.com</a> <a href="https://facebook.com/UnwrittenEndings">facebook.com/UnwrittenEndings</a>
<b>Address</b>	10075 Bergin Road, Suite C, Howell, MI 48843
<b>Service Description</b>	<ul style="list-style-type: none"> <li>● Counseling for children (ages 3 and up), adolescents and adults. Specializes in anxiety, stress and depression.</li> <li>● Cost varies. Accepts insurance.</li> </ul>
<b>Virtual Services Available</b>	Yes

This is the fifth annual edition of the  
Social and Emotional Supports and Services Resource Guide.  
It will be maintained and updated by the Social Emotional Well-Being Committee,  
which is part of [Great Start Livingston](#). This guide will be housed on the  
[Great Start Livingston website, under Resources](#).

A special thank you to the local businesses, organizations, and agencies who responded  
to surveys to develop this guide. If you would like to be included in future editions  
of this guide or if you are interested in more information, please contact:

Robin Schutz, Coordinator  
[Great Start Livingston](#)  
[RobinSchutz@LivingstonESA.org](mailto:RobinSchutz@LivingstonESA.org)

Additional resources you can access:  
[Michigan.gov/StayWell](#)  
Mental Health Resources

Human Services Collaborative Body, Livingston County  
Additional health and human resources  
[milivcounty.com/hscb](http://milivcounty.com/hscb)

2-1-1 - information and referral line to connect to services  
Phone: 2-1-1 or text your zip code to 898211  
[CentralMichigan211.org](http://CentralMichigan211.org)

