MICHIGAN STATE UNIVERSITY | Extension

MSU Extension Presents:

Online - Extension Extras for Parents

December 2026

DATES:

12/1/2026: Potty Training

12/8/2026: Birds and the Bees: Talking with Kids About Sex

12/15/2026: Epilepsy 101

12/22/2026 Mindfulness for Children

TIME: 7:30 PM - 9:00 PM

Download Zoom: https://zoom.us/download

Registration: https://msu.zoom.us/webinar/register/WN_IFnjs5SPRiS2knx45l4ePQ

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DESCRIPTION:

These **FREE** online parenting workshops will provide guidance for parents and caregivers as they navigate the challenges, concerns, and joys of parenting.

Participants may register for as few or as many workshops as they wish.

The workshops are on Tuesday evenings as follows:

12/1/2026: Potty Training

12/8/2026: Birds and the Bees: Talking with Kids About Sex

12/15/2026: Epilepsy 101

12/22/2026 Mindfulness for Children

HOW TO REGISTER:

Register in advance for any of the webinar workshops at the following link:
https://msu.zoom.us/webinar/register/WN_IFnjs5SPRiS2knx45l4ePQ

After registering, you will receive a confirmation email containing information about joining the meeting.

***Accommodations should be requested before class**

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