A RESOURCE YOU CAN SHARE WITH FAMILIES

Here's What We Can Do™

THE BOWERS KNOWLEDGE SYSTEM

Educational resources for the questions families are already asking.

Here's What We Can Do™ is an educational membership created by Dr. Mark Bowers to help families access reliable, practical information about neurodevelopment, behavior, emotions, and everyday challenges.

Families can search the Bowers Knowledge System using the questions they have, explore relevant educational resources, and learn at their own pace.

CREATED BY

Dr. Mark Bowers

Dr. Mark Bowers is a licensed psychologist and the founder of Brighton Center for Neurodevelopment. He has spent more than two decades helping families and professionals better understand neurodevelopment, behavior, and mental health.

His educational resources translate clinical experience and current research into clear, practical information that families can use.

INSIDE THE MEMBERSHIP

SEARCH BY YOUR QUESTIONS
Find relevant educational resources using the questions you're already asking.

EDUCATIONAL VIDEOS
In-depth explanations on a wide range of topics, organized for easy access.

GUIDES, WORKSHEETS, AND TOOLS
Practical resources to support everyday challenges.

MEMBER-ONLY DEEP DIVES
Extended educational sessions on key topics.

LIVE Q&A SESSIONS
Opportunities to submit general questions and hear Dr. Bowers' educational insights.

TOPICS INCLUDE

- Executive functioning
- Emotional regulation
- Behavior and mental health
- Autism spectrum
- ADHD and attention
- School and learning
- Sensory processing
- Twice-exceptional (2e)
- Everyday routines and transitions
- And many more

LEARN MORE

Sharing this resource with families is optional and appreciated.

DRMARKBOWERS.ORG/MEMBERSHIP

IMPORTANT INFORMATION

Here's What We Can Do™ is an educational membership and is not a substitute for individualized evaluation, treatment, or therapeutic services. It is intended for informational and educational purposes only.