Special Delivery Referral Guide

HUM00190614

Hi, I want to tell you about a research study you might qualify for where you could earn up to $160 during your pregnancy. The goal of the research is to understand how healthy food access helps young moms stay healthy during pregnancy.

Ok. So what do I do in the study?

All participants complete a baseline survey, 6 diet surveys, and an end-of study call as part of the study. You will also receive a free scale to use that automatically shares your weight data with the study team! You will get up to $160 during the study if you complete all these steps.

After you enroll you would also be randomized to one of 3 groups. Two study groups will receive grocery delivery during pregnancy or and the third will receive a grocery delivery subscription after pregnancy!

Who decides which group I am in?

A computer system randomly assigns you to your study group.

Who can join the study?

You might be eligible to join if you are between age 14-26, a first-time mom, enrolled in WIC, and have access to text messaging.

How do I get paid?

You get paid in Amazon gift cards that are texted or emailed to you. You get your first $40 at enrollment and the rest at different timepoints in the study.

Who is conducting this study?

A research group at the University of Michigan in the Department of Family Medicine.

Do I have to go to UofM to participate in it?

Nope! All aspects of the study are conducted virtually by phone or text and no in person visits are required.

How do I sign up?

Complete the online enrollment (https://michmed.org/8xV45) or contact the study team by email (um.special.delivery@gmail.com) or call/text (734-237-3233)